Lecture Outline Introduction/Chemistry/Cells

Module 1.2: Overview of A&P

ANATOMY & PHYSIOLOGY

Anatomy –

(Greek – "a cutting up")

Physiology –

(Greek - "relationship to nature")

__is always related to _____

Core Principles in A&P

• Structure and Function Core Principle

- One of most basic principles in A&P; known as principle of complementarity of structure and function:
- Form of a structure is always such that it best suits its function
- Form follows function; applies to each level of organization even down to *chemical level*

CHARACTERISTICS OF LIVING ORGANISMS

Living Organisms share distinct properties:

- 1. Cellular composition: cells are basic units of life
 - а. -
 - b. -
- 2. Metabolism living organisms carry out a number of chemical reactions collectively known as metabolism
- 3. _____, where building outweighs breaking down processes, includes two forms:
 - a. Increase in size of individual cells
 - b.
- 4. _______ process that an organism uses to eliminate potentiallyharmful waste products created by metabolic processes
- 5. _____or **irritability** ability of organisms to sense and react to changes or stimuli in their environment
- 6. ______ ability of an entire organism to move or movement of individual cells or of materials within or between cells of an organism

7. _____takes following two forms in multicellular organisms:

- a. Individual cells reproduce within organism during growth and to replace damaged or old cells
- b. Organism itself reproduces to yield similar offspring

LEVELS OF STRUCTURAL ORGANIZATION AND BODY SYSTEMS

- Organism itself reproduces to yield similar offspring
- Chemical level smallest level is foundation for each successive level, ranges from atoms to complex molecules

– hydrogen atom, lithium atom
- water molecule, glucose molecule
– protein molecule, DNA molecule

- **Cellular level** formed by groups of many different types of molecules combined in specific ways to form cellular structures
 - _____ mitochondrion, Golgi apparatus, nucleus
 - _______ muscle cell, nerve cell; smallest unit of life
 - two or more cell types cooperate to perform a common function
 - Consist of two components: **cells** and surrounding **extracellular matrix**
 - Vary from membrane sheets that cover body cavities to irregularly shaped cartilage found in nose
 - _____ consists of two or more tissue types combined to form a structure or

organ

- skin, femur, heart, kidney
- _____ Consist of two or more organs that together carry out a broad function in body
- ______ organ systems function together to make up working human body, an organism

Module 1.3: Language of A&P

ANATOMICAL POSITION

- ______ common frame of reference from which all body parts and regions are described:
 - Body is always referred to as if it were in anatomical position, even when it's in another position
 - "Right" and "left" always refers to right and left sides of body being described, not our own

DIRECTIONAL TERMS

- Anterior / Posterior
- Ventral / Dorsal
- Superior / Inferior
- Cranial / Caudal
- Proximal / Distal
- Medial / Lateral
- Superficial / Deep

REGIONAL TERMS

Body can be divided into two regions:

- \circ $\,$ axial region, which includes head, neck, and trunk and
- \circ appendicular region which includes upper and lower limbs or appendages
- Antebrachial
- Axillary
- Brachial
- Cervical
- Costal
- Crural
- Femoral
- Gluteal

- Mammary
- Nasal
- Occipital
- Lumbar
- Pectoral
- Sternal
- Tarsal
- Vertebral

PLANES OF SECTION

- Sagittal
 - Midsagittal
 - Parasagittal
- Frontal (coronal)
- Transverse (horizontal)
- Oblique

Module 1.4 Organization of the Human Body

BODY CAVITIES

- Dorsal Body Cavity located on *posterior* side of body; subdivided into two cavities:
 - Cranial cavity –
 - Vertebral (spinal) cavity -
- Ventral Body Cavity separated into *two divisions* by diaphragm:
 - Thoracic –
 - Abdominopelvic –

Thoracic cavity – divided into three smaller cavities:

- Pleural cavities -
- Mediastinum (not within serous membrane)
- · Pericardial cavity -

Abdominopelvic cavity - subdivided into two cavities:

- Abdominal cavity -
- Pelvic cavity

Abdominopelvic cavity can be divided up into *segments or quadrants* Quadrants:

- Right upper quadrant (RUQ)
- Right lower quadrant (RLQ)
- Left upper quadrant (LUQ)
- Left lower quadrant (LLQ)

Segments:

- Right and left hypochondriac regions
- •
- Right and left lumbar regions
- •
- Right and left iliac or inguinal regions
- Hypogastric region



ABDOMINAL PAIN

- Common complaint of individuals seeking health care
- Cause of pain can be difficult to diagnose due to number of structures in abdominopelvic cavity; *four quadrant system* makes this easier
- RLQ –
- LUQ –

Serous membranes:

- Thin sheets of tissue; form certain cavities found in ventral cavity; surround heart, lungs, and many abdominal organs
- Within cavity between two layers is thin layer of fluid called serous fluid
- Visceral layer -
- ______ outermost layer attached to surrounding structures (wall of cavity)

Body has three serous body cavities formed by three main serous membranes:

Pleural membranes

Parietal pleura

Visceral pleura

Thin space enclosed by pleural membranes forms ______ cavities

Pericardial membranes

_____ pericardium (separates heart from mediastinum)

Visceral pericardium (lies directly on heart muscle)

Space created by pericardial membranes forms _____ cavity

Peritoneal membranes, surrounds some of abdominal organs

Parietal peritoneum

_____ peritoneum

Space between these layers forms _____ cavity

The peritoneum doesn't cover every organ

ex. kidneys duodenum, pancreas are called _____ organs

Module 1.5: Core Principles in A&P

HOMEOSTASIS

- Physiological Processes Operate to Maintain Body's
 (maintenance of internal environment)
- Homeostatic imbalances *disturbances* in homeostasis can lead to disease or death if uncorrected
- To prevent imbalance, most variables are controlled (regulated) variables; maintained within a narrow range, close to a normal value

FEEDBACK LOOPS CORE PRINCIPLE

- two mechanisms vital to maintenance of homeostasis:

– less common than negative feedback loops; effector

activity increases and reinforces initial stimulus

______ - oppose initial change in a regulated variable; reduce

output

- Each regulated variable has a set point or an established normal value (within a normal range)
- _____- provide information about stimuli
- _____ change is compared to set point
- _____ change is corrected



CHILDBIRTH, PITOCIN, AND POSITIVE FEEDBACK LOOPS

- Childbirth begins with **labor**; occurs by *positive feedback*:
- Pitocin (synthetic oxytocin) -

Chapter 2: Chemistry of Life

Module 2.1: Atoms & Elements

MATTER

Matter – anything that has mass and occupies space;

Chemistry – study of matter and its interactions

- _____ smallest unit of matter that retains original properties
- Made up of even smaller structures called subatomic particles

ELEMENTS IN THE PERIODIC TABLE AND THE HUMAN BODY

• The human body is made up of four major elements:

-

• Also 7 mineral elements and 13 trace elements

Module 2.4: Inorganic Compounds: Water, Acids, Bases, & Salts

BIOCHEMISTRY

Biochemistry – the chemistry of life

- _____compounds generally do not contain carbon bonded to hydrogen; includes water, **acids**, **bases**, and **salts**
 - ______ those that do contain carbon bonded to hydrogen

WATER

Water (H₂O) makes up 60-80% of mass of human:

- The medium for metabolic reactions
- •
- Absorbs and transports heat
- •
- Acts as a lubricant between two adjacent surface

SALTS AND ELECTROLYTES

- Salts can dissolve in water to form cations and anions called ______
 - Capable of conducting electrical current
 - Important roles in metabolism

Module 2.5: Organic Compounds: Carbohydrates, Lipids, Proteins, & Nucleotides

CARBOHYDRATES

- _____, composed of carbon, hydrogen, and oxygen, function primarily as fuel; also have structural roles
 - _____ monomers from which all carbohydrates are made Examples: glucose, fructose, galactose, ribose, and deoxyribose
 - _____are formed by union of two monosaccharides
 - _____consist of many monosaccharides joined to one another
 - Glycogen storage polymer of glucose; mostly in skeletal muscle and liver cells
 - o Starch

LIPIDS

- - Lipids –hydrophobic molecules including fats and oils
 - _____ lipid monomers consisting carbon chains
 - _____ fatty acids solid at room temperature
 - _____ fatty acids liquid at room temperature

A P

THE GOOD, THE BAD, AND THE UGLY OF FATTY ACIDS

Not all fatty acids were created equally:

The Good: Omega – 3 Fats

- *The Bad*: Saturated Fats
- -
- The Ugly: Trans Fats

TRIGLYCERIDE

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- 0
- Most common lipid in body

PHOSPHOLIPIDS

- Composed of a glycerol backbone, two fatty acid "tails" and one phosphate "head"
- A molecule with a polar group (phosphate head) and a nonpolar group (fatty acid tail)
- •

STEROIDS

- Four-ring hydrocarbon structure
- _____ component of cell membrane

PROTEINS

- Macromolecules:
- Enzymes
- 0
- Are involved in movement
- Function in the body's defenses
- 0
- 0
- Receptors
- 0
- Twenty different _____are used to make proteins



- Tay-Sachs Disease -
- Severe Combined Immunodeficiency Syndrome (SCIDs) -
- Phenylketonuria –

NUCLEOTIDES AND NUCLEIC ACIDS

- _____ built from monomers of **nucleotides**
 - Makes up genetic material
- Nucleotide structure:
 - Nitrogenous base with a hydrocarbon ring structure
 - Five-carbon sugar (ribose or deoxyribose)
 - 0

Adenosine triphosphate (ATP)

- Adenine attached to ribose and three phosphate groups; main source of chemical energy in body
- Synthesized from **ADP** and a **phosphate** using energy from oxidation of fuels (like glucose)
- Production of large quantities of ATP requires oxygen; why we breathe air

DNA

• Composed of two chains that twist around each other to form a **double** helix

• DNA contains **genes** – provide **recipe** or **code** for **protein synthesis** – process of making everyprotein

DNA contains:

- Deoxyribose alternating with phosphate group
- o Bases:
- DNA exhibits complementary base pairing;

Adenine always pairs with Thymine and Guanine always pairs with Cytosine

RNA

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- Ribonucleic Acid- single strand of nucleotides
- Can move between nucleus and cytosol
- RNA contains the sugar ribose

Chapter 3: Cells

Module 3.1: Introduction to Cells

BASIC PROCESSES OF CELLS

- Cell metabolism –
- **Transport** of substances cell has produced or ingested to a variety of destinations
- •
- between cell and surrounding environment
- Cell reproduction process that is necessary for growth and development and for replacement of old and damaged cells

OVERVIEW OF CELL STRUCTURE

Most animal cells have 3 basic components:

- •
- _
- •

Plasma membrane

- Provides cell with structural support, means of communication, and cell identification
- Defines intracellular space (contains intracellular fluid (_____)), or cytosol, and separates it from extracellular space (contains extracellular fluid (_____))

Cytoplasm consists of:

- Cytosol –
- Organelles variety of cellular structures with very specific functions
- Cytoskeleton –

Nucleus

- Contains most of cell's _____and is primary location for making most ______
- DNA and RNA control more specific organelle functions by coding for and synthesizing proteins

Cell Size and Diversity:

- Cells vary widely in size and structure
- This structural variation is an example of Structure-Function Principle

Module 3.2: Structure of the Plasma Membrane

PHOSPHOLIPID BILAYER

Phospholipids have two key properties:

- A phosphate group (_____)
- Two fatty acids (______) that face one another forming a water resistant
 barrier

barrier

Membrane Proteins:

- Transport substances across plasma membrane as **protein channels**; others are **carrier proteins** that directly bind to and transport substances into and out of cell
- _____- bind to chemical messengers called **ligands**; trigger sequence of events within cell when bound
- ______ speed up chemical reactions; vital to maintaining homeostasis
- ______ give cells shape and help maintain structural integrity
- _____- hold adjacent cells to one another, anchoring cells within a tissue and/or allowing cell to cell communication

Other membrane components include lipids, carbohydrates, glycolipids, and glycoproteins:

- ______ lipid molecule, stabilizes plasma membrane's fluid structure during temperature changes
- Glycolipids and glycoproteins, serve to identify cell as part of body



DRUGS AND MEMBRANE RECEPTORS

Many drugs are designed to resemble ligands that bind to membrane receptors:

- Agonists –
- Antagonists –

Module 3.3: Transport across the Plasma Membrane

TRANSPORT ACROSS THE PLASMA MEMBRANE

The phospholipid bilayer is **selectively permeable**

- Substance may cross plasma membrane in several ways:
- —

PASSIVE TRANSPORT PROCESSES

Passive transport includes the following processes:

- Diffusion
- _
- _
- •
- Concentration gradient basic force that drives many types of passive transport
- Dye molecules will scatter due to their own kinetic energy, which all molecules have as long as thermal energy (heat) is present
- Movement will continue until the dye is uniform throughout container (equilibrium)

Diffusion -

- Simple diffusion mostly *nonpolar solutes* like oxygen, carbon dioxide, lipids, and hydrocarbons; pass straight through phospholipid bilayer without need for membrane protein
- ______ involves charged or polar solutes such as ions and glucose; cross phospholipid bilayer with help of a carrier or channel
- ______ movement of water across a selectively permeable membrane down its concentration gradient
- Water moves from area with ______concentration of solute (more water molecules) across membrane to area with

_____concentration of solute (less water molecules)

- Osmotic pressure driving force exerted by solute molecules; causes water molecules to move until equilibrium is reached
- **Tonicity** way to compare osmotic pressure gradients between two solutions cytosol and ECF
- Normally ECF is ______
- Hypertonic ECF solute concentration of ECF is higher than inside cell
- Osmotic pressure gradient pulls water out of cell and cell shrinks or
- **Hypotonic ECF** solute concentration of ECF is lower than inside cell
- Osmotic pressure gradient pulls water into cell causing the cell
 to swell and possibly rupture or ______



DEHYDRATION, SPORTS DRINKS, AND WATER

- Strenuous exercise results in water and electrolyte loss through sweating; ECF becomes *hypertonic*; hypertonic ECF draws water out of cells by osmosis
- Sports drinks
- Plain water

ACTIVE TRANSPORT VIA MEMBRANE PROTEINS

Active transport processes require energy in form of ATP to proceed as solutes move against their concentration gradients from ______ concentration to ______ concentration

ACTIVE TRANSPORT VIA VESICLES

Active transport using carrier proteins and channels is effective but has limitations; large macromolecules are too big to fit so must be transported by other means:

- ____are small sacs filled with large molecules
- Enclosed in a phospholipid bilayer; allows them to fuse with or be formed from plasma membrane

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Endocytosis:

- ("cell eating")
- process where cells ingest large particles like bacteria or dead or damaged cells or parts of cell
- (fluid-phase endocytosis or "cell drinking")
 - process where cells engulf fluid droplets from ECF
- **Receptor-mediated endocytosis** similar to pinocytosis; uses receptors to fill vesicles with a <u>specific</u> molecule

- ______ large molecules exit cell; known as secretion; vesicles fuse with plasma membrane, opening into ECF

Module 3.4: Cytoplasmic Organelles

CYTOPLASMIC ORGANELLES

Organelles are cellular machinery with specific functions vital to maintaining homeostasis

MITOCHONDRIA

- •
- membrane-bound organelles involved in chemical energy production
- •

PEROXISOMES

 Use oxygen to carry out several chemical reactions that produce hydrogen peroxide (H₂O₂); oxidizes toxic chemicals to less toxic compounds that can be eliminated from body before causing damage

•

Certain phospholipids synthesized in peroxisomes are critical to plasma membranes of specific cells or nervous system.

RIBOSOMES

- Ribosomes -
 - Free in cytosol; usually make proteins needed within cell itself
 - Bound to membranes of other cellular structures; produce proteins destined
 for export outside cell

ENDOPLASMIC RETICULUM

Endoplasmic reticulum (ER) – large folded phospholipid bilayer Exists in two forms:______(RER) has ribosomes bound to it and ______(SER) does not

Rough endoplasmic reticulum (RER) -

- · Packages secretory proteins into transport vesicles made of a phospholipid bilayer
- Produces membrane components for membrane-bound organelles and plasma membrane, including integral and peripheral proteins

Smooth endoplasmic reticulum (SER) -

- Stores calcium ions by pumping them out of cytosol for future use
- Capable of several detoxification reactions; limits damage caused by certain substances
- Involved in lipid synthesis, manufacturing majority of plasma membrane phospholipids and cholesterol as well as a number of lipoproteins and steroid hormones

GOLGI APPARATUS

_____ – group of flattened membranous sacs filled with enzymes and other molecules

- Proteins and lipids made by ER are further modified, sorted, and packaged for export in the Golgi
- Products packaged in Golgi can be secreted from cell by exocytosis

- In cystic fibrosis, some cells are missing a protein component of a chloride ion channel
- •
- •

•

LYSOSOMES

______ – organelles responsible for digestion of worn out cell components or whole cells in some cases

- •
- Macromolecules are broken down into smaller subunits that can be released to cytosol for disposal or reused to manufacture new macromolecules



LYSOSOMAL DISEASES

Group of diseases resulting from *deficiency* of one or more *acid hydrolases* of lysosomes: **- Gaucher's disease** –

- Tay-Sachs disease –
- Hurler syndrome –
- Niemann-Pick disease -

Module 3.5: The Cytoskeleton

THE CYTOSKELETON

- Gives the cell its characteristic shape and size by creating an internal framework
- Provides strength, structural integrity, and anchoring sites
- •
- Performing specialized functions in different cell types; for example, phagocytosis by macrophages or contraction by muscle cells

CENTROSOME / CENTRIOLES

- When cell is not dividing, **centrosome** is a microtubule-organization center located close to nucleus
- •

CELLULAR EXTENSIONS

Cellular extensions are formed by the inner framework of the cytoskeleton:

- •
- •
- •

MICROVILLI

- Increase surface area of cells in organs specialized for absorption
- •



- Hair-like projections that stick out of the cell
- •

FLAGELLA

• Beats in a whip-like fashion propelling entire cell





PRIMARY CILIARY DYSKINESIA

- Rare genetic disorder characterized by defect in one or more protein components of cilia and flagella
- Affects many types of cells: respiratory passage linings, middle ear, uterine tubes (females), sperm (males)

-		
-		

Module 3.6: Nucleus

THE NUCLEUS

- _____ governing body that directs activities of the other cellular components
- housed in nucleus contains code or plans for nearly every protein in body
- _____ within DNA direct different types of **RNA** to build a wide variety of

proteins

Nucleus consists of three main structures:

- _____ membrane that surrounds nucleoplasm that contains nuclear
 pores
- DNA and associated proteins are found in nucleus as a loose structural arrangement known as **chromatin** in a non-dividing cell
- _____- synthesis of ribosomal RNA and assembly of ribosomes

NUCLEAR ENVELOPE

CHROMATIN AND CHROMOSOMES

- _____ consists of one extremely long DNA molecule and histone proteins
- Reduces length of strand by about one-third
- During periods of cell division, chromatin threads coil tightly and condense into thick structures called **chromosomes**
- •
- Sister chromatids each chromosome consists of identical copies

MODULE 3.7: Protein Synthesis

PROTEIN SYNTHESIS

- Gene expression production of protein from specific gene
- Two processes actually make a specific protein:
 Transcription –

Translation -

• DNA → Transcription → mRNA → Translation → Protein

DNA & RNA Practice Exercise				
DNA	DNA	<u>mRNA</u>		
G	G			
A	A			
G	G			
Т	Т			
A	A			
C	C –			

GENES AND THE GENETIC CODE

- _____ changes in DNA due to mistakes in copying DNA or induced by agents called **mutagens**
- Common mutagens include ultraviolet light and other forms of radiation, chemicals such as benzene, and infection with certain viruses



- *Amanita phalloides* (and other *Amanita*) are responsible for 95% of mushroom-related fatalities worldwide
- A *phalloides* is tasty and resembles many nontoxic mushrooms; main toxin inhibits *RNA polymerase*; prevents formation of new strands of mRNA
- •
- •

REVIEW

- 1. The process through which mRNA is made is termed
 - a. Translation
 - b. Replication
 - c. Synthesis
 - d. Transcription
- 2. During transcription, free nucleotides from the nucleoplasm are hydrogen bonded to a. Each other
 - b. Complementary nucleotides of the DNA template strand
 - c. Ribosomes
 - d. RNA polymerase
- 3. A strand of mRNA contains the
 - a. Instructions to build a ribosome
 - b. Instructions to build a protein
 - c. Instructions to build a carbohydrate
 - d. Instructions to build a lipid
- 4. Protein synthesis is also called
 - a. Transcription
 - b. Replication
 - c. Translation
 - d. Differentiation
- 5. During translation, the language of ______is translated into the language of _______is translated into the language of ______is translated into the language of _______is translated into the language of ________is translated into the language of ________is translated into the language of _______is trans
 - a. Nucleotides, amino acids
 - b. Amino acids, nucleotides
 - c. Nucleotides, codons
 - d. Anticodons, nucleotides
- 6. The DNA triplet TAG is complementary to the mRNA codon_____.
 - a. ATC
 - b. UAG
 - c. CGG
 - d. AUC

Module 3.8: CellCycle

THE CELL CYCLE

- Almost all cells go through the cell cycle
 - An ordered series of events from formation of cell to its reproduction by cell division
- Cell division is required for growth and development as well as for tissue repair and renewal

PHASES OF THE CELL CYCLE

Cell cycle includes two main phases: interphase and M phase or cell division

- Interphase period of growth and preparation for cell division:
 - G₁ phase (1st gap) –
 - S phase (synthesis) -
 - G₂ phase (2nd gap) –
- •
- Nuclear envelope encloses nucleus
- Centriole pairs duplicated
- Nucleus and nucleolus are clearly visible and individual chromosomes are not distinguishable

REVIEW

- 7. DNA replication occurs in which phase of the cell cycle?
 - a. G1 c. S b. G2 d. M

PHASES OF THE CELL CYCLE

M is period of **cell division**; highlighted by two overlapping processes:

- Mitosis occurs when newly replicated genetic material is divided between two daughter cells
- Cytokinesis occurs when cell's proteins, organelles, and cytosol are divided between two daughter cells

MITOSIS

- Division of genetic material in 4 stages
- Prophase
- Metaphase
- Anaphase
- Telophase

PROPHASE

- Chromatin becomes compact to form chromosomes (two sister chromatids)
- · Centrioles migrate to opposite sides of cell to organize spindle fibers
- Spindle fibers from each centriole attach to each sister chromatid

METAPHASE

•

ANAPHASE

- •
- Cytokinesis may begin at end of this stage

TELOPHASE

- Cytokinesis finishes dividing cytosol and organelles equally between two newdaughter cells
- •
- •
- Chromosomes uncoil, becoming chromatin

OVERVIEW OF MEIOSIS

Cell division can occur either by _____(process that somatic cells are capable of)

or_____that occurs in cells destined to become gametes

- Meiosis cell divides to form daughter cells with half number of chromosomes
 - —
 - Somatic cells are diploid (2n) because they have full paired set of chromosomes
- Meiosis proceeds through four basic phases:

prophase, metaphase, anaphase, and telophase

- Phases occur in two successive divisions, unlike mitosis, where ______ is first meiotic division and ______ is second
- First division separates homologous pairs to produce haploid (n) cells
- Prophase I, Metaphase I, Anaphase I, Telophase I
- Meiosis II separates chromatids of each chromosome; cells stay haploid
- Prophase II, Metaphase II, Anaphase II, Telophase II



- Mitotic spindle is critical to process of mitosis; if assembly or disassembly is inhibited by chemicals called **spindle poisons** (made by fungi and plants), errors in cell division occur that could lead to cell death
- Examples:
- _____ inhibit microtubule function; fragment formed microtubules;
 used to treat *cancer*
- _____ inhibits assembly of microtubules; treats gout
- ______– inhibits function/assembly of microtubules in *fungi* (not humans); antifungal agent for skin, hair, and nails
- _____ prevent *disassembly* of microtubules; treat *cancer*
- <u>Adverse effects</u> (especially in cells that divide rapidly like stomach, skin, and bone marrow) nausea, vomiting, hair loss, decreased blood cell production

PHASES OF THE CELL CYCLE

- 1. Most cells in the body progress through the cell cycle but at vastly different rates depending on their function
- •
- Cell cycle is precisely controlled so that cell formation is balanced with cell death

CELL CYCLE CONTROL AND CANCER

• Cell may not proceed with division if the following conditions are not favorable: a.

b. Growth factors are secreted by other cells

- 2. Cells that cannot pass through checkpoints and cannot be repaired undergo a process of programmed cell death called _____
- Ex. during fetal development hands and feet are initially webbed; cells in "webs" die to separate fingers and toes
- When changes in DNA of a cell cause loss of cell cycle control, uncontrolled cell division results and cells may form a growth or mass known as a **tumor**
- _____ confined to its original location and does not invade surrounding tissues

_____ – made up of cancer cells