

Health & Wellness

BROUGHT
TO YOU BY:
SL&L



Monday Meditation with Adreyanna- Virtual Instagram LIVE

2/5 - 3/25 at 6:00 PM

(Excluding 3/18 due to Spring Break)

Tuesday Zumba with Colleen- PE203

2/6 - 3/26 at 12 Noon

(Excluding 3/19 due to Spring Break)

Join Colleen April 24th in the Quad at noon for a Zumba Party at Students First Fest!

Wednesday Yoga with Tracey - Virtual Instagram LIVE

2/7 - 3/27 at 6:00 PM

(Excluding 3/20 due to Spring Break)

