Course Number: NSG 133

Course Title: Concepts in Nursing III

Course Placement: First Year, Summer

Credit Hours: 3

Prerequisites: NSG 135
Developmental Psychology

Course Hours:
- Theory 30
- Clinical 60
- Total 90

Course Description:

This course will assist students in the use of the nursing process when caring for the client experiencing mental health problems. It emphasizes client care during all phases of mental health disorders, from prevention through rehabilitation. The course will provide experiences in a variety of mental health settings.

Integrated Topics:
- Nutrition
- Professional/legal Issues
- Pharmacology
- Management/Leadership

STUDENT LEARNING OUTCOMES - COURSE

Upon completion of NSG 133, the student will:

1. Select nursing care for clients from diverse backgrounds in mental health settings that is compassionate, age and culturally appropriate, and based on a client's preferences, values, and needs.
2. Explain best current evidence from scientific and evidence-based sources as a basis for developing mental health patient-centered care plans.
3. Identify the roles of the various members of the health team in mental health settings.
4. Demonstrate strategies that minimize risk and provide a safe environment for clients, self, and others in mental health settings.
5. Use therapeutic communication strategies with clients from diverse backgrounds in mental health settings that promote an exchange of information.
6. Identify legal and ethical principles and priority-setting skills when providing patient-centered care in mental health settings.
Course Units & Content:

UNIT I - INTRODUCTION TO MENTAL HEALTH NURSING
UNIT II - DYNAMICS OF NURSING PRACTICE
UNIT III - THERAPEUTIC MODALITIES
UNIT IV - MENTAL / EMOTIONAL DISORDERS
UNIT V – MENTAL HEALTH ISSUES

Delivery Format:

Lecture  Clinical Practicum
Discussion  Case Studies
Audiovisual  Pre & Post Conf.
Process Recordings  Role playing
Safety Survey  Real Life
Simulation and debriefing  Blackboard Collaborative Ultra

Schedule of Course Content:

Theory Hours: 30
Class days/hours: Mondays, Thursdays and Friday – 9 a.m. – 12 noon, 1-3PM or as indicated (See course calendar)
Clinical Hours: 60
Laboratory Hours: 8
Clinical: 52 Tuesday and Wednesday - 8 a.m. – 2:30 p.m.
(or as indicated-see course calendar)

Clinical Sites:

Learning Management System (LMS) - Blackboard Collaborative Ultra on Blackboard

Capital Health Mental Health Services
750 Brunswick Avenue
Trenton, NJ 08638
609-278-6998

Hampton Behavioral Health Center
650 Rancocas Road
Westampton, NJ 08060

Princeton House Behavioral
905 Herrontown Road
Princeton, NJ 08540

St. Francis Medical Center
Mental Health Unit
Hamilton, NJ 08629
Evaluation Grading:  
Theory:  100%  
- Exam 1 - 25%  
- Exam 2 - 25%  
- Final Exam = 35% of the Grade  
- Post class quizzes (see below) = 8%  
- ATI = 2%  
- Pecha Kucha = 3%  
- Math Test = 1%  
- Math homework = 1%  

Clinical:  Grades S/U  
- Clinical Performance  
- Process Recordings  
- Clinical Lab  
- CAI Programs  
- Real Life  
- Evolve Case Studies  
- Therapeutic Group Paper  
- Environmental Safety Survey  
- Simulation and debriefing  

Quizzes: There are a total of 14 post class quizzes in the course with 10 to 17 questions per quiz. All post quizzes must be completed. Only the first attempt of a quiz will be graded. In order to pass the course, a passing grade must be achieved in both theory and clinical. A passing numerical grade for theory is 80% and 100% of clinical outcomes/objectives must be graded satisfactory.

Course Requirements:

1. Attend lectures, laboratories and clinical experience as scheduled.

2. Read textbook assignment in preparation for class lecture or laboratory experience as listed on course outline.

3. Read any additional material listed in the course content in preparation for class lecture or laboratory experience.

4. Students are responsible for the material presented in films, computer programs, DVDs and web resources as assigned.

5. Attendance will be taken at all lectures, laboratories and clinical experiences. Students who are unable to attend lecture/discussions or laboratories are to notify the course coordinator and the professor responsible for the content.

6. A student who is absent from theory for any reason is required to make-up the work on his/her own and will be responsible for the material covered.

7. Students who are unable to attend clinical experiences should notify the clinical instructor and School Office (609)599-5190 at least 30 minutes prior to the scheduled experience.

8. A student who is absent from a lab for any reason is required to make-up the work on his/her own and will be responsible for the material covered.
9. Students are expected to arrive to the clinical unit or location at least 15 minutes prior to the start of their rotation or as designated by faculty. Students arriving after the start of the rotation will be considered late. Any student who is more than 10 minutes late for clinical or lab will be considered absent and will be dismissed for the day and charged a clinical make-up fee.

10. The fee for clinical/lab make-up day is $200. The fee will be charged whether or not an instructor is already scheduled for clinical/lab that day, whether or not the make-up is an actual clinical area activity or it is an equivalent assignment. Make up fee will be added to the student’s semester bill and must be paid prior to the scheduled make-day. The Course Coordinator will notify the student Affairs Coordinator / Registrar of the need to charge the fee.

11. Exam dates are listed on the course calendar. All students are expected to be present. Exams will cover material from the lecture/discussions, active learning strategies, scheduled laboratories, textbook, references, audiovisual materials, periodicals, handouts and online resources. Exams will start promptly at the time scheduled.
   a. Any student late for the exam will be allowed to sit for the exam in designated seats at the front of the room. No personal belongings will be allowed in the classroom. **No additional time** will be allotted to complete the exam. This will apply to remote proctoring session as well.
   b. Any student late a second time for an exam will be referred to the Academic Progression and Graduation (APG) Committee. The Committee may issue a fine or another penalty as they see necessary.
   c. All makeup exams must be taken by the end of the next scheduled lecture or as scheduled by the Coordinator.
   d. The exam will be scheduled with the course coordinator and may be of an alternate form.
   e. A $100.00 fee will be charged for all makeup exams.
   f. A student who misses more than one scheduled exam date per course will be referred to the Academic Progression and Graduation (APG) Committee.

12. A Mental Health standardized exam will be given at the completion of the Mental Health content. The results are used to inform the students of strengths and weaknesses and to determine the need for focused review/remediation of this content. Practice standardized exams will also be given and are used to inform the students of strengths and weaknesses and to determine the need for focused review/remediation of this content.

13. To successfully complete the course, the student must achieve a passing grade of at least 80% in exams, assignments and projects as indicated on the course syllabus and satisfactorily meet 100% of the outcomes for the clinical experience as presented in the clinical evaluation tool. Additional work **will not** be assigned to improve failing or near-failing grades.
14. Clinical/Lab Assignments include:
   Process Recordings - 3
   A process recording is required for two of the days spent on the clinical unit. Each process recording is due by the end of the clinical week.

Clinical Lab – 2
   Dealing with Feelings

FA Davis Simulation - 9
   Drug Addiction, Alcohol, Bulimia
   ADHD, Suicide, Anorexia
   Bipolar, Grief, PTSD

Real Life – 4 - individually
   Anxiety
   Schizophrenia
   Mood
   Alcohol Abuse

Evolve Case Study
   Alzheimer’s disease

Therapeutic Group Paper – completed on clinical

Environmental Safety Survey – completed on clinical

15. ATI testing
   LSRN
   Real Life
   Communicator
   Professional Communication
   Mental Health
   Practice - 2
   Proctored
   Dose Calculation – Mental Health

16. All written work is to be submitted to the instructor as indicated.

17. Any student who is unprepared for clinical or lab experiences will be dismissed from the clinical unit/lab and have an unsatisfactory noted for the clinical/lab experience. The student will be sent home.

18. Unless designated otherwise, all assignments should be submitted by electronic copy to the appropriate faculty member. Be sure that your name is clearly typed on the paper. Students must maintain a copy of all assignments submitted.

19. Self-evaluations must be completed and submitted for discussion at clinical evaluation time. Clinical evaluations will not be completed without self-evaluations.

22. Each student is expected to complete a course evaluation, a clinical agency evaluation for each unit assigned, and an instructor evaluation for each faculty member. Evaluations are to be completed and submitted on Blackboard prior to the Final Exam. Confidentiality will be maintained. A student will not be allowed to take the Final Exam without completing the designated evaluations.
Textbook Requirements:

ATI Content Mastery Series

Evolve: Evolve Apply: HESI Case Studies: Complete RN Collection (2Yr Version)


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