

### Homework to Prepare for Beginning NRS 125

- 1) What kind of learner are you? Go to <http://www.educationplanner.org/students/self-assessments/learning-styles-quiz.shtml> to find out!
- 2) Define respiration. Understand bradypnea and tachypnea and name (3) nursing interventions to assist your patient with an alteration in respiration.
- 3) What is cardiac output and what is its relationship to perfusion?
- 4) What are (2) important lifespan considerations related to intracranial regulation?
- 5) What is the difference between dementia and delirium and how would your plan of care change for each diagnosis?
- 6) What is the greatest risk factor for alterations in mobility and why?
- 7) What role does diet play in the management of type 1 and type 2 diabetes?
- 8) What are some important teaching points that should be used with the patient who has an alteration in sensory perception? Include teaching points for the hospital and home setting.
- 9) What role does community based education play with patients who have a history of hypersensitivity reactions?
- 10) What process do nurses use to help prevent infection? What is another type of infection prevention strategy and where would you see this strategy used?
- 11) How does maternal-fetal health effect the wellbeing of the mother and infant?
- 12.) What is a high-risk pregnancy? Name 4 complications that occur in pregnancy.
- 13.) What is a high-risk infant? Name 4 complications that can occur with the newborn.
- 14.) What areas need to be addressed during a pregnant clients first prenatal visit?
- 15.) In terms of oxygenation, perfusion, infection, nutrition, and mobility; what anticipatory guidance would you give to a pregnant client regarding herself and her fetus or newborn?