WHY SHOULD I STUDY PSYCHOLOGY?

Why do people feel, think, and act the way they do? For over a century psychologists have been searching for an answer to this question. Although the field is growing ever larger, most agree that psychologists are united by their interest in understanding people.
Introduction to Psychology (PSY 101)

Contrary to popular opinion, psychology involves far more than analyzing people and performing therapy. This class will address questions like, how do we form thoughts? Why can I remember a song from 10 years ago, but not the answers to the exam? What is a “chemical imbalance”? How come I have such a great personality? What parenting skills work best? How do we learn? Why is that person talking to that tree?

In essence, this course will introduce you to each of the sub-areas of psychology that you can pursue later on in more depth if you wish, such as developmental, perceptual, cognitive, social, personality, and abnormal psychology.

Developmental Psychology (PSY 207)

How do we change as we grow older? This class will explore the various levels of change we as humans encounter throughout the course of a lifetime. We will examine concepts of development that begin early in life such as, heredity versus environment, personality and gender identity formation, emotional development and temperament. What factors in childhood and adult life influence these characteristics?

This course will explore the impact relationships, marriage, divorce, career, aging, retirement, death and bereavement. This course will examine a wide-range of issues from “the womb to the tomb”.

Abnormal Psychology (PSY 210)

"WHY do people do that?" This class will explore that fascinating world of abnormal behavior. We will focus on the elements of psychopathology and mental disorders.

This class will discuss various mental illnesses, such as, depression, schizophrenia, bipolar disorder, PTSD, anxiety disorders and phobias and personality disorders.

This class is great for anyone who is interested in understanding those “abnormal” behaviors seen within our society. Psychology major or not, this class is filled with very interesting information and will help answer many questions about behaviors, disorders and treatment.