ADD 107: PROFESSIONAL RESPONSIBILITY FOR ADDICTIONS COUNSELING

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Latest Revision: Spring 2004

Course Description: An introduction to ethical standards for addiction counselors. Legal aspects of addictions counseling are reviewed. Cultural issues in counseling are reviewed. Strategies for counseling and for maintaining counseling skills/knowledge are reviewed. Strategies for maintaining counselors’ well being are reviewed. Including, mental health of counselors.

Course Outline:

Week 1: Overview of course
Review of requirements
a. Two research papers
b. Multi-cultural interview
c. Admissions letter
d. Alternative Counseling research article
e. Mid-term exam
f. Final exam
g. Class participation
h. Research article presentations

Class activities, assignments and evaluations
Research requirements
Introduction to ethical standards

Week 2: Ethical Standards
Chapter 1 (Corey)
Hand outs (discretion of instructor)

Week 3: Ethical Standards continued.
Chapter 5

Week 4: Legal Aspects of Counseling
Hand out: Moral Dilemma
Chapter 6

Week 5: Legal Aspects continued
Class discussion
Case study review and discussion
Student presentations

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Week 6: Multicultural Aspects of Addictions Counseling
Introduction to multiculturalism
Values clarification exercise
Chapter 4
Student presentations

Week 7: Mid-term exam

Week 8: Multicultural Aspects of Addictions Counseling continued.
Chapters 3, 4 & 6
Student presentations

Week 9: Multicultural Aspects of Addictions Counseling continued – handouts
Chapters 3, 4 & 6 – Chapter 10 p. 371-372
Handouts

Week 10: Professional Growth
Chapter 2
Current issues in addictions counseling
Discussion of alternative theories
Chapter 8
Student presentations

Week 11: Professional Growth – continued
Chapter 8
Handouts
Student presentations
Continuing education

Week 12: Personal Growth
Hand outs
Relaxation, leisure skills, personal therapy
Avoid burnout
Continuing personal education

Week 13: Personal Growth
Continued
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Week 14: Dimensions of Recovery
   Self-awareness and needs for professional competence
   12 Step model
   other models – for ex. Solution Focused/Rational Recovery
   Harm reduction

Week 15: Dimensions of Recovery
   continued.
   Strategies and resources for growth and support
   Final exam