MERCER COUNTY COMMUNITY COLLEGE
DIVISION OF MATH, SCIENCE AND
HEALTH PROFESSIONS

NURSING EDUCATION PROGRAM

NRS240

TRANSITION TO NURSING PRACTICE

SPRING 2016

HANDBOOK
FOR
RN PRECEPTORS AND STUDENTS
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Dear Clinical Preceptor,

We deeply appreciate your taking the leadership role in providing clinical preceptorship to a designated MCCC NRS 240 student nurse. These guidelines will be reviewed with you by the course coordinator or a designated oversight faculty for this course. The guidelines have also been reviewed with the students during their first theory class. Please maintain a copy readily available as a reference and please do not hesitate to contact me via cell phone at any time with any question you may have.

You will find a statement on the last page for you to affix your signature as evidence that we have reviewed the RN Clinical Preceptorship Guidelines with you.

Thank you.

The NRS 240 Course Team
GUIDELINES FOR PRECEPTED CLINICAL

DEFINITION OF PRECEPTED CLINICAL:
A precepted clinical involves a one-to-one relationship between a senior nursing student and an experienced registered nurse during the last semester of the Nursing Program. The RN preceptor provides opportunity for the student to live the life of a nurse for five weeks making the learned theory become more of a reality.

GOALS OF PRECEPTED CLINICAL:
1. Prepare students for the demands and realities of nursing practice.
2. Ease the transition of graduate to RN role.
3. Increase confidence and competence.

QUALITIES AND CRITERIA FOR PRECEPTOR:
1. CREDENTIALS: current licensure as a registered nurse in New Jersey for a minimum of 2 years.
2. EXPERIENCE as a registered professional nurse for a minimum of two years.
3. CRITERIA FOR SELECTION: Each RN Clinical Preceptor is recommended by both the Nurse Manager and Nursing Education Director.

PRECEPTOR'S RESPONSIBILITIES:
The following will be provided to each assigned RN preceptor:

1. NRS 240 Transition To Practice Course Outline
   1) Description of Clinical Laboratory
   2) Objectives for Precepted Clinical Experience
   3) Description of Student-Preceptor-Faculty Meetings
   4) Evaluation Guidelines
2. Preceptor-Student Handbook
3. Evaluation Forms:
   1) Preceptor Assessment of Student Clinical Performance Form
   2) NRS 240 Clinical Laboratory Performance Evaluation Form (long and short form found at the end of the course outline)
4. Work with course coordinator/clinical oversight faculty to plan, implement, and
   1) Assess student learning experience.
5. Meet with student to set up clinical hours, review student skills checklist, and set goals based on increasing level of responsibility.
6. Provide ongoing clinical experiences allowing for appropriate and increasing levels of independence based on assessment of student readiness and safety.
7. Provide student with a performance summary on the Preceptor’s Assessment of Students Clinical Performance Form.
8. Communicate weekly with MCCC Clinical Oversight Instructor about student performance.
9. Serve as a role model to the student demonstrating best clinical nursing practice
10. Provide positive learning experiences.
11. Maintain ongoing open communication with student, Clinical Oversight Faculty, Course Coordinator.
12. Notify student and clinical faculty of any short notice schedule change whereby the RN preceptor will be unable to fulfill RN preceptor responsibilities.
   * Any change of RN preceptor must be coordinated through the medical facility nursing education office and the course coordinator.

STUDENT'S RESPONSIBILITY:
1. Students are responsible for their own learning and actions.
2. Apply legal, ethical, and nurse practice standards to determine own practice taking responsibility for own actions.
3. Contact RN preceptor and set up clinical schedule, a copy of this is to be sent via email to clinical faculty and course coordinator.
4. During orientation and throughout the experience identify and communicate learning needs to course coordinator/clinical faculty/RN preceptor.
5. Complete hospital required orientation, including any mandatory training and computer orientation before the end of the first week of the course.
6. Work collaboratively with course coordinator/clinical oversight faculty/RN preceptor.
7. Notify the clinical faculty and course coordinator of any short notice change in RN preceptor's schedule, whereby the RN preceptor will not be able to fulfill RN preceptor responsibilities.*
   * Any change of RN preceptor must be coordinated through the medical facility nursing education office and the course coordinator.
9. Document a weekly journal per course outline.
10. Meet with preceptor to review progress as outlined on the Preceptor Assessment of Student Clinical Performance; complete the Student Self Assessment of Clinical Performance Form prior to this meeting.
11. Attend a weekly conference with clinical faculty on campus as necessary.
12. Complete an assessment of preceptor at course end using the Student Assessment of Preceptor Form.
13. Complete a clinical site evaluation at course end.
14. Complete a course evaluation at course end.
15. Complete faculty evaluation at course end.
OVERSIGHT FACULTY RESPONSIBILITY:

1. Set up a meeting and/or communication schedule with the RN preceptor and student to be completed on a weekly basis to monitor student progress.
2. Visit with RN preceptor and student at facility at week three and week five to complete clinical evaluation.
3. Provide personal contact information (cell phone and email) to RN preceptor.
4. Plan weekly debriefing meeting with assigned clinical students.
5. Review weekly journal submissions via email by student based on rubric.
6. Based on input from preceptor and observations, complete week three and week five student clinical evaluation.
7. Notify the course coordinator of any situation whereby the RN preceptor has short notice schedule changes or other situations whereby the RN preceptor is unable to fulfill RN preceptor responsibilities.

COURSE COORDINATOR RESPONSIBILITIES:

1. Plan precepted clinical experience with clinical sites.
2. Provide orientation to RN preceptors of preceptor concept, role and expectations outlined in the RN Preceptor/Student Handbook.
3. Provide preceptors, students and oversight faculty with course materials.
4. Provide information to students about connecting with preceptor.
5. Assist in planning and collaborating on weekly student meetings on campus.
6. Facilitate successful clinical experiences designed to achieve clinical outcomes.
7. Maintain communication between college and clinical agencies.
8. Provide support to RN preceptor/student/clinical instructor.
9. Finalizes all grades.
LEGAL ACCOUNTABILITY: A SUMMARY FOR PRECEPTORS

The Nurse Practice Act in New Jersey provides for the delegation of nursing tasks to subordinates commensurate with their level of skill and understanding (Title 13, Chapter 37, section 6.2). It is specified that it is the responsibility of the delegating nurse to determine the level of competence of the subordinate. This requirement to supervise the safe practice of subordinates applies to clinical nursing instructors and students.

Faculty can delegate to clinical students only those activities for which they could reasonably be expected to demonstrate competence and what is identified in course competencies.

If a student demonstrates an inability to deliver safe client care at the level required by the course competencies or poses a threat to client safety, faculty have a legal obligation to preserve the safety of the client and dismiss the student within the parameters of the academic grading policy.

THE FOLLOWING GUIDELINES SHOULD BE FOLLOWED IN DELEGATING NURSING TASKS TO THE STUDENTS:

1. **STUDENT – RN PRECEPTOR RELATIONSHIP:**
   a. The student has the right by law to practice incidental to the education process. The standard of care must be the same as that rendered by the RN because everyone has a right to expect competent nursing care, even if provided by a student as part of clinical training (measured against conduct of other reasonably prudent RN’s with similar knowledge and experience under same circumstances).
   b. Under the law, each person is responsible for his own actions.
   c. The preceptor has responsibility to delegate according to the student’s abilities and to supply adequate supervision.
   d. The RN preceptor has the responsibility to be clear about what the student can or cannot do.
   e. When students do not possess the skills needed to carry out an assigned function, acting with reasonable care requires them to refuse to perform the function, even at the risk of appearing insubordinate:
      Example: you ask a student to perform tracheostomy suctioning. The student does not tell you she has never done it. If harm comes to the patient, the student is personally liable. The preceptor would be liable if she delegated with knowledge of student’s inexperience.

2. **DEALING WITH THE RESPONSIBILITY:**
   a. At the very beginning find out what the student can and cannot do.
   b. Let students know that they must inform you if they are unsure and need help or supervision.
   c. Delegation to students is based on the student’s abilities, and adequate supervision.
   d. CHECK THINGS CAREFULLY AT FIRST: THIS IS A NEW SITUATION FOR BOTH OF YOU. TAKE MORE RISKS AS THE EXPERIENCE PROGRESSES.
What Students May Not Perform

While participating in the NRS 240 Precepted Clinical Experience, students will not:

- Administer blood products.
- Perform venipuncture or insert intravenous catheters.
- May not administer intravenous push medications.
- Take verbal or telephone orders from prescribing health care professionals.
- May not transcribe any orders from prescribing health care professionals.
- May not perform admission assessments. Student may do an admission assessment and document but the RN must complete the admission assessment.
- May not document patient discharge. Students may participate in the discharge education.

If there is ever question of what a student can or cannot perform in the clinical area, please contact the course coordinators or clinical oversight faculty for clarification.

Students are expected to communicate any questions about areas of responsibility with the assigned clinical RN preceptor.
The clinical component of this course consists of 60 hours over a five week period at the assigned clinical facility with a RN preceptor plus one clinical observation experience. (If necessary, the student can break up the clinical experience based on personal needs as compared to the preceptor’s schedule as long as the 60 hours are met).

The Mercer County Community College clinical oversight instructor is available to the preceptor during these clinical experiences; however, the oversight faculty does not have the usual direct instructional role with students on the clinical unit. The faculty serves in a resource and support role for the student and the preceptor.

The one-to-one relationship that the student has with the preceptor and the real life clinical day provides students with additional opportunities to develop professional and clinical skills. Each day of the clinical experience the student gradually assumes responsibility for the preceptor's typical client care assignment, including the delegation of care to others, and the supervision of the staff members as they implement the delegated aspects of client care. Students will practice and refine skills in clinical decision-making and collaboration.

SAMPLE GUIDELINES FOR CLINICAL RESPONSIBILITIES AND ASSIGNMENTS

1. **WEEK ONE:**

   - Students complete course clinical orientation
   - Students complete agency, hospital, and unit specific orientation
     - Computer documentation
     - Medication administration
     - Review of hospital policies
     - Unit tour, meet staff and Nurse Manager
   - Student follows preceptor and observes implementation of the assignment.
     - Student observes preceptor delegation
     - Observe giving and receiving report
     - Observe documentation including client education, discharge and admission (if possible)
     - Observe collaboration with team members
     - Observe all other aspects of client care management
2. **WEEK TWO:**
   - Assign student to two clients (including shift report, treatments, teaching, documentation, no medication). Participate in client admissions, transfers, and discharges.

3. **WEEK THREE:**
   - Assign student to two-three clients (including shift report, treatments, teaching, documentation, no medication). Participate in client admissions, transfers, and discharges.

4. **WEEK FOUR:**
   - Assign student to two-three clients (including shift report, treatments, teaching, documentation, no medication). Participate in client admissions, transfers, and discharges.

5. **WEEK FIVE:**
   - Assign student to four clients (including shift report, treatments, teaching, documentation, no medication). Participate in client admissions, transfers, and discharges.

GUIDELINES FOR MEDICATION ADMINISTRATION

1. Students must be knowledgeable about medication.
2. Students will use available resources to research medication.
3. Students must follow the rights of medication administration.
4. Students must assess client’s status related to specific drug therapy.
5. Students must appropriately communicate assessments and evaluations with regard to medications to preceptor.
6. Students will make decisions with regard to withholding medications, continuing medications in collaboration with preceptor.
7. Students will know current laboratory values pertinent to medications.
8. Students will not remove controlled medications without RN present.
9. Students will follow facility policy for recording and wasting controlled substances with RN present.
10. Students will be checked for competency by instructor or preceptor for administration of IV, IM, SC medications. This includes changing IV bags.
11. When competency has been established student may administer IV’s, IVPB’s, IM’s, SC’s with RN supervision.
12. Students may observe the checking and hanging of blood and blood productions.
13. Students may observe the administration of IV push medications.
14. Students will follow hospital policies in regard to the administration of any “high risk” medication including but not limited to: heparin, Lovenox, insulin, potassium narcotics, and cardiovascular medications. High risk medications will be checked with the RN preceptor before administration. Co-signature will be done in accordance with facility policy.
15. Students will check all dosage calculations with preceptor before administering medications.
16. Students will check all newly transcribed medication orders with preceptor before administering the medication. **STUDENTS MAY NOT TRANSCRIBE ORDERS.**
17. Students will document all medication administration per established hospital policy.
18. Students will provide appropriate client teaching regarding medications.

Students are expected to communicate any questions about administration of medications with the preceptor.
STUDENT SELF-ASSESSMENT OF CLINICAL PERFORMANCE

STUDENT NAME: __________________________ Week of __________________________
The following is a daily check list to be completed by the student and reviewed with the preceptor.

Please fill in the date and the number of student hours under the respective day of the week.
Evaluate clinical performance for each clinical day using the following:

**S** = Satisfactory; **NI** = Needs Improvement

Any areas needing improvement need goals set for improvement – document under goals.

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Goals for Improvement:

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Signature of STUDENT: __________________________ Date: ____________

Signature of PRECEPTOR: __________________________ Date: ____________

Created December 2010; Revised April 2012; Revised March 2014, March 2016
RN PRECEPTOR ASSESSMENT OF STUDENT CLINICAL PERFORMANCE

STUDENT NAME: ___________________________ Week of ________________

The following is a daily check list to be completed by preceptor and submitted weekly.

Please fill in the date and the number of student hours under the respective day of the week

Evaluate clinical performance for each clinical day using the following:

S = Satisfactory  
NI = Needs Improvement

Please comment on student progress on improvement goals in the area below.

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Progress on Improvement Goals:

Signature of STUDENT: ___________________________ Date: ________________

Signature of PRECEPTOR: ___________________________ Date: ________________

Created December 2010; Revised April 2012; Revised March 2014, March 2016.
MERCER COUNTY COMMUNITY COLLEGE  
DIVISION OF MATH, SCIENCE AND HEALTH PROFESSIONS  
NURSING PROGRAM  
NRS 240 TRANSITION TO PRACTICE  
STUDENT EVALUATION OF PRECEPTOR  

Student: ___________________________  Semester and year: ____________________  

Preceptor: ___________________________  

Preceptor’s Clinical Facility: _________________  Clinical Unit: _______  

Based on the following scale please indicate how you feel the preceptor met the following objectives by placing a mark in the appropriate box:  

1: strongly disagree; 2: disagree; 3: agree; 4: strongly agree  

The Preceptor:  

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<th>Objectives</th>
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<td>1</td>
<td>Possessed clinical knowledge and expertise in area of specialty</td>
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<td>2</td>
<td>Demonstrated high level of clinical competence in area of specialty</td>
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<td>3</td>
<td>Stimulated personal and professional growth in nursing</td>
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<td>4</td>
<td>Utilized effective teaching strategies facilitating the learning experience</td>
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<td>5</td>
<td>Created an accepting, supportive and positive learning environment</td>
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<td>6</td>
<td>Was physically present and available as a resource at all times while in the clinical setting</td>
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<td>7</td>
<td>Was a professional role mode in providing effective, efficient, and safe nursing care</td>
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<td>8</td>
<td>Observed and assisted in the performance of simple and complex procedures while adhering to agency policy and procedures</td>
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<td>9</td>
<td>Provided positive and constructive feedback at the daily evaluation meetings setting goals for improvement</td>
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COMMENTS:
GUIDELINES FOR STUDENTS DURING PRECEPTED EXPERIENCE

WORKSHEET FOR DAILY STUDENT OBJECTIVES

DIRECTIONS: Use this outline as a framework to think about your personal needs as you develop daily objectives with your preceptor. Share this completed assessment with your preceptor each day. Print one for each day you are in clinical and fill out prior to the clinical day. Take with you, sharing your goals with your preceptor.

1. Communication with:
   ______ A. staff nurses
   ______ B. doctors
   ______ C. ancillary staff
   ______ D. staff from other departments

2. Organization:
   ______ A. assignments
   ______ B. delegation to others
   ______ C. time management
   ______ D. receiving and giving report
   ______ E. computer documentation

3. Specific Nursing Skills:
   ______ A. nursing procedures
   ______ B. nursing assessment
   ______ C. client teaching
   ______ D. clear and comprehensive documentation
   ______ E. critical pathways (if applicable)
   ______ F. collaboration
   ______ G. discharge planning
   ______ H. computer or Kardex record system

4. Hospital Rules and Regulations:
   ______ A. proper use of policy and procedure manual
   ______ B. work safety procedures
   ______ C. medication safety procedures

5. Miscellaneous:
   ______ A. self-confidence
   ______ B. assertiveness
   ______ C. conflict resolution
   ______ D. assuming primary responsibility for identifying own learning needs
CHANGE OF SHIFT REPORT GUIDELINES

PURPOSE:
1. To report to the oncoming personnel about the condition of each client and the nursing care given during the previous shift
2. To keep the nursing staff informed concerning methods of treatment, nursing care, current teaching plans, psychosocial issues, critical problems
3. To identify priority concerns.

The nurse uses the computerized and hardcopy chart, kardex, and report sheets to give report

Checklist:
1. Client’s name, age, room number, doctors, hospital day post admission or postop, chief complaint, diagnoses, surgical procedures or reason for admission, CODE STATUS, and any changes in the above.
2. Mental status and orientation; summary of critical elements of physical assessment
3. Focus of nursing care that must be given over the next 24 hours (e.g., increased ambulation, encouraging ADL’s, teaching).
4. Changes in the client’s condition or treatments within the last 24 hours.
5. Emphasis on nursing care needed within the next 2 hours: special symptoms to be observed (increased temperature, bleeding), special treatments (IV’s, force fluids, NPO, prn or single medications, specimens to be obtained.
6. Medications: new meds or changes, reason ordered, potential side effects, problems with administration, prn meds with last time given and patient response; frequency required.
7. Treatments: new orders, rationale for treatment, time scheduled, and client response.
8. Diagnostic tests: dates and times scheduled, related special orders, tests completed in the last 24 hours, observations, medications or unusual reactions.
9. Dressing and drainage: amount, color, character, recommendations for care and frequency of dressing change.
10. Learning needs and progress: pre-op and post-op teaching, return demonstration, follow-up and discharge teaching such as medications and dressing changes
11. Plans for discharge and continuity of care agency referral.
12. Need for in-house referral; status of referral and forms.
13. Consultation with other members of the health care team; recommendations for physical therapy, scheduling of tests, need for social services.
14. Status of support network, family; any visitations; special concerns.
GUIDELINES ON HOW TO ORGANIZE AND PRIORITIZE CARE TO GROUPS OF CLIENTS

PURPOSE: to assist student in organizing and prioritizing the basic workload of a staff nurse

ORGANIZING STEPS:
1. Obtain assignment
2. Receive report from previous shift.
3. Identify priority alterations based on report and understanding of medical diagnosis; identify which clients to see first based on priority assessments
4. Complete client assessments/V.S.
5. Check client charts to identify new orders; check every few hours
6. Collect result of diagnostic tests, progress notes
7. Make rounds on all clients and repeat as frequently as necessary during shift.
   - Perform client care (AM/PM care):
   - V.S. and document
   - I&O and document
   - Feed clients and record intake; return meal trays
   - Maintain neat client unit
   - Perform ordered treatments
   - Update care plan
   - Safely administer medications
   - Manage IV’s and document
   - Provide client teaching/document
   - Provide for client’s psychosocial needs
   - Pain assessment, reassessment, document
8. Assist physicians with clients
9. Attend physician rounds on assigned clients
10. Admit new clients/transfer/discharge as assigned
11. Give change of shift report
12. Participate in client conferences, quality improvement activities, and inservice activities
13. Assure equipment safety
OBSERVATION GUIDELINES WHEN MAKING PATIENT CARE ROUNDS

Purpose: To observe, assess, plan, and direct nursing care to fulfill the needs of a group of clients.

Issues to be addressed during observational rounds include:

1. Observe the general condition and appearance of each client
   - Does the client appear comfortable?
   - Is edema, dyspnea, and/or pain present?
   - Is an IV present? Check site and status of current infusion, Plan to add a new bag bottle. Determine when it will be due
   - Identify all equipment being utilized; check function (infusion pump, suction, urinary catheters, tubes, drains, etc)

2. Note approach that is effective when interacting with the client
   - Is the client glad to have people come in to see him/her
   - Is the client apprehensive?
   - Do you detect the need to further assess client mental status or mood?

3. Anticipate specific problems that may be encountered in the care of each client
   - Difficulty in moving the client
   - Problems convincing client of the importance of following instructions and participating in care
   - Risk levels for pressure ulcers, inadequate nutrition, hydration

4. Take note of individual problems voiced by each client
   - Psychosocial issues
   - Participation in plan of care
   - Discharge planning
   - Deficient knowledge

5. Note facts about the client that may need to be reported to other health professionals including the doctor. Also consider important elements of client progress that are important to know should another health professional or physician inquire
   - Pain/discomfort
   - Need for sleep medication
   - Toxic symptoms from ordered medication
   - Status of surgical site/dressing
   - Quality/quantity of drainage from wound or tube
   - Response to specific medical regimen or nursing interventions (tolerating activity or diet)
   - Change in client condition

6. Observe the type and quality of work being done by nursing and ancillary staff
   - Do some appear to need help attending to certain aspects of client care?
   - Does the finished work show attention to detail and concern for client satisfaction and comfort?

7. Note the progress of work for clients assigned to your care
   - Revise assignment if one worker has met situations or emergencies that have prevented him or her from completing the work assigned
   - Consider suggestions to facilitate completion of client care

8. Observe the condition of the unit equipment and general state of housekeeping
   - Refer problems of cleanliness to housekeeping, mechanical problems to Engineering/Maintenance
GUIDELINES FOR DELEGATING CLIENT CARE
WHILE CARING FOR MULTIPLE CLIENT ASSIGNMENTS

1. Receive report from previous shift. Note specific data:
   - Special and/or immediate nursing care requirements of particular clients (eg: critical laboratory values, dyspnea, hypoglycemia, pain control, incontinence, fever, etc)
   - Changes in physical/psychosocial status
   - Problems requiring new or renewed medical orders
   - Scheduled diagnostic/therapeutic procedures and status of client preparation
   - Status of IV therapy, tube feedings, treatments
   - Additional data outlined in the Change of Shift Report Guidelines

2. Make assignments considering the following:
   - Assign client care tasks to nursing personnel consistent with their legal and experiential limits (scope of practice): (eg: nursing assistant/nursing tech, LPN)
   - Clarify your expectations of the caregivers and identify components of care for which you will provide assistance or assume responsibility
   - Schedule breaks and meals so that adequate care is always available to clients
   - Provide caregivers with guidelines for ongoing reporting of data to you for documentation

3. Make rounds. Introduce self and/or delegated caregivers to clients. Check critical factors in each client’s situation (eg: IV’s dressings, catheters, etc) Assess needs of each client. (Refer to Observation Guidelines When Making Rounds)

4. Implement assigned client care tasks (medications, IV’s , dressings, etc)

5. Maintain ongoing communications with the charge nurse, caregivers, clients

6. Maintain up to date awareness of medical and nursing plans of care

7. Maintain ongoing documentation on client who are assigned to nursing assistants/nursing techs

8. Make rounds with the physicians caring for clients when possible

9. Anticipate teaching needs for individuals in your client group

10. Give report on clients in your group at change of shift.
DOCUMENTATION GUIDELINES

1. Become familiar with agency flow sheets, checklists. Use them appropriately
2. Determine type of note used for nurse’s note.
   - For narrative nurses note include the following:
     - Objective and subjective symptoms
     - Client behavior and mental status
     - Nursing care administered
     - Client responses to medical and nursing care
     - Food and fluid intake
     - Preparation for discharge
     - Client teaching
     - Visitors/doctor visits
3. Use only abbreviations that are approved by the agency
4. Basic charting reminders:
   - Errors should be noted according to agency policy; do not erase; do not scribble; draw horizontal lines to fill in blank spaces in the narrative note
   - Record only facts truthfully and completely
   - Use black ink, and write legibly
   - Chart concurrently rather than once at the end of the shift
   - Document concerns about medical orders
   - Chart for yourself, not for someone else
   - In case of omission, add notation at the end of the note as an addendum
5. Co-signing:
   - Students and preceptors should determine and comply with the co-signing policy of the hospital nursing service department
   - Verify accuracy and completeness of client documentation with preceptor
   - For agencies with computerized information systems, students will review agency requirements and responsibilities for staff nurses and students during orientation
# RN Clinical Preceptor Orientation Checklist

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*Handbook for RN preceptors and Students*
NRS 240 RN Clinical Preceptor Signature Form

I, ___________________________, have reviewed the guidelines for RN preceptors working with students in NRS 240 on _____________.

I have received a copy of the NRS 240 Handbook for RN Preceptors and Students and the NRS 240 Spring 2016 Course Outline.

Signature________________________________ Date________________

MCCC Faculty Signature________________________________ Date __________

This signature page will be maintained in the RN clinical preceptor folder.