

# MCCC NURSING PROGRAM



# APA GUIDELINES

MERCER COUNTY COMMUNITY COLLEGE  
NURSING PROGRAM

SUMMARY OF APA STYLE

SAMPLE DOCUMENT

On the following pages is a sample document utilizing APA style. A sample of various reference types is included in this packet. For additional reference types, refer to the *Publication manual of the American Psychological Association* (5<sup>th</sup> ed.). (2001). Washington D.C.:American Psychological Association.

## PARTS OF THE MANUSCRIPT

### TITLE PAGE

- Page number
- Title
- Byline and institutional affiliation

### ABSTRACT

- Begins on page two
- A one-paragraph summary of paper
- Typed without indentation

### TEXT

- Begins on page three
- Type title of paper centered at the top of the page, double space, then type the text
- Each page should have page number

### REFERENCES

- Begins on a new page
- Type the word *References* in upper and lowercase letters, centered at the top of the page
- Double space all reference entries

### MARGINS

- All margins should be 1”
- Do not allow orphaned or widowed lines

Therapeutic Milieu In The Psychiatric Hospital

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Abstract

The environment in a psychiatric hospital can be an important aspect of a client's recovery from mental illness. The medical and physical treatments that were once thought to affect a "cure" are now under scrutiny. Evidence is now directed toward the fact that it is the total hospital environment that has the most influence on the client and the recovery process.

### Therapeutic Milieu in the Psychiatric Hospital

Since the publication of Jones' *Therapeutic Community*, a revolution in treatment approaches in psychiatric hospitals has occurred. The works of these men reveal that the social environment of the hospital has a definite effect on the outcome of mental illness. Before these men appeared on the scene, there was a "tendency to regard treatment in the mental hospital as that which takes place during the fraction of a second when current flows from an electroshock apparatus, or during the longer intervals involved in other therapies" (Staton & Schwartz, 1954, p. 1831).

Now it is recognized that treatment consists of everything that happens to the patient during his hospitalization. Eating, sleeping, working, playing and socializing are all important. This view, designated by Jones' term, "therapeutic community", or the term, "milieu therapy" has resulted in more permissiveness and greater recognition of human dignity in the treatment of patients. In this view, the patient's feelings, wishes, and individual needs as well as his rights, privileges, and responsibilities as a member of society are taken into consideration and regarded as an important aspect of the patient's therapy (Jones, 1953).

References

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## REFERENCE SAMPLES

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