

EXAM 3 – STUDY GUIDE
PSY 210-Abnormal Psychology
Professor Jennings

Exam period- November 12-19th

The exam will be 50 multiple-choice questions. Most of the questions will be based on material covered in lecture. It is also important that you read the chapters in the textbook – there will be question that will come directly from the textbook (material not covered in lecture). If you can answer the questions on this study guide... you should have no problem with the exam. I am going to focus on the big concepts. If want you to be able to understand and apply the material ... not just spit back the facts.

Ch. 6- Mood Disorders

1. What are mood disorders?
 - a. What disorders are included in this category?
 - b. What are the symptoms of depression?
 - i. What are physical symptoms of depression? Provide example.
 - ii. What are the cognitive symptoms of depression? Provide example.
 - iii. What is the diagnostic criterion for depression?
 - iv. How long do depressive episodes typically last?
 - v. What is dysthymia?
 - vi. What is post-partum depression?
 - c. What are the symptoms of mania?
 - i. What is the diagnostic criterion for mania
 - ii. What is the difference between mania and hypomania?
 - d. What is bipolar disorder?
 - i. Is Cyclothymic disorder the same?
 - ii. Describe the difference between bipolar I and II.
 - iii. What is the prevalence of this disorder?
 - e. Describe and explain the causes of mood disorders
 - i. What is Learned Helplessness? How does it effect treatment?
 - f. How can mood disorders be treated?
 - i. Explain CBT, ECT, and medication as treatment options

Chapter 8- Eating Disorders

1. How does body image effect the development of eating disorders?
2. What behaviors characterize eating disorders?
3. What are the most common eating disorders? Describe and explain.
4. What characterizes anorexia?
 - a. What is the prevalence of this disorder?
 - b. Who is most at-risk for developing this disorder?
 - c. What are the types of anorexia? Explain.
 - d. What are the physical consequences of this? Describe
5. What behaviors characterize Bulimia?
 - a. Who's at risk for this disorder?
 - b. What are the physical consequences? Describe.
6. Are there difference in the development of these disorder based on culture? Explain
7. How are eating disorders treated?