

EXAM 1 – STUDY GUIDE
PSY 210-Abnormal Psychology
Professor Jennings

The exam will be 75 multiple-choice questions. Most of the questions will be based on material covered in lecture. It is also important that you read the chapters in the textbook – there will be question that will come directly from the textbook (material not covered in lecture). If you can answer the questions on this study guide... you should have no problem with the exam. I am going to focus on the big concepts. If want you to be able to understand and apply the material ... not just spit back the facts.

Ch.1-Defining Abnormality: What is Psychopathology?

1. What is the study of abnormal behavior called?
 - a. How is abnormality defined?
 - b. What factors influence the definition?
 - c. How is this definition separate from a psychological disorder?
 - i. What factors are included in this concept?
2. How are Psychological disorders evaluated?
 - a. Why is the clinical description used by professionals?
 - b. What is the presenting problem? Be able to identify and explain.
 - c. What key words are used by professionals to describe and predict psychological disorders?
3. Discuss and identify early treatments for psychological disorders.
 - a. Were early treatments effective? Why or why not.
 - b. Were early treatments humane? Why or why not?
 - c. What happened to change the type of care people with mental illness received?
 - i. What was the consequence of this action? Be able to identify and discuss key people associated with this movement.

Ch.3- Classifying Abnormality: Diagnosis, Assessment and Research

1. What is the function clinical assessment? Describe and explain.
 - a. What factors make an assessment instrument valuable? Explain.
 - b. Be able to discuss and identify various methods of assessment.
 - c. What is the purpose of a clinical interview?
 - i. How is this related to a mental status exam?
 - ii. What are the 5 general areas covered in a mental status exam? Be able to identify and explain each area.
2. What is the difference between assessment and diagnosis? Explain.
 - a. What is the process of diagnosis?
 - b. Are the standards universal? Why or why not. Justify your answer.
 - c. What is the most current classification system of mental disorders?
 - i. What is the “model” of the current system? How is this different from earlier editions?
 - ii. What changes have be made that differ from previous editions? Why is this system updated?
 - iii. Be able to discuss and explain Axes 1-5 and the appropriate disorders for each axis.
 - iv. What is the GAF? Be able to explain and identify.

v. What are some potential problems with this form of classification?