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# Mercer County Police Academy

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## ISRAELI KRAV MAGA LAW ENFORCEMENT EDGED WEAPONS DEFENSIVE TACTICS COURSE

**JULY 30, 2007 0900-1500 Hrs.**  
**\$195.00 per Officer**  
**Group Discount Available**

**Location:** Israeli Krav Maga, 127 U.S. Highway 206, Unit 9, Hamilton, NJ 08610

**Course Description:** Israeli Krav Maga is the most effective, comprehensive and instinctive defensive tactics system in the world. Krav Maga was developed for the Israeli Defense Forces, National Police and national security services. Krav Maga is world renowned for its weapon defenses and close quarters combat. This course will cover instinctive edged weapons defensive tactics. (These defensive tactics also prepare attendees to defend unarmed attacks such as hooks, straight and sucker punches.) Attendees will learn open-handed defensive measures to stop an edged weapon attack using simultaneous defense and offense with control techniques emphasized and reinforced. Unarmed defenses using a combined sidearm draw and block against edged weapons will also be extensively drilled as well as other combatives.

This training comes directly from Israel and is a must for DT instructors, SWAT operators and officers. For any officers who attended our long-gun course, this edged weapons defensive tactics course will be an excellent complement and reinforcement to previous training.

Training Attire: Class "B" style uniform or BDU style pants and department t-shirt/sweatshirt.

**To Register:** Please contact: David Kahn or Abel Kahn  
[david@hammerheadops.com](mailto:david@hammerheadops.com) or (609) 585-6242 phone / (609) 585-6244 fax  
Israeli Krav Maga 127 U.S. Highway 206, Unit 9, Hamilton, NJ 08610  
[www.israelikrav.com](http://www.israelikrav.com)

**Any additional inquiries may be directed to Investigator Bob Gioscio or Investigator Bob Smith of the Mercer County Police Academy (609) 584-2304 or Israeli Krav Maga (609) 585-6242.**



## EDGED WEAPONS COURSE OUTLINE

### **Basic police combatives and defensive tactics – preventing an assault:**

- basic fighting stance; bladed and prone.
- 360 degree instinctive defense against outside attacks including hook and sucker punches, elbows and edged weapon attacks.
- Stop kick with elongated hip pivot *if the 21 foot rule is violated* while breaking the angle of attack with sidearm draw for higher force option.
- Tactical J movements.

### **LE Control Holds:**

- Hold #3 and cavaliers: compliance techniques for turning the perp on the ground from the stomach to the back and securing edged weapons for cuffing.

### **Edged Weapon Focus:**

- *Retzev* (“continuous combat motion”) with a knife.
- Breaking the angle of attack.
- Hand defenses from all angles including up-thrusts, straight stabs, overhand stabs slashes and rear/blindside attacks with disarming techniques into police hold.
- Block and body defense while creating a tactical angle of advantage with simultaneous point shoot.
- Circle attack drill using unexpected angles of attack from multiple directions.

### **Baton tactics versus edged weapons.**

### **Threat Identification and Reaction Drill:**

- Mock attacks (individual and multiple) from all possible angles/positions.
- Awareness training: recognizing a threat and body movement.