Ten Ways to Celebrate

Grandparents Day

Sunday, September 8, 2013
Brought to you by the Mercer County Council on Aging and
The Mercer County Community College Commission on Aging

- Spend the day making a family tree.
- Interview grandparents and record the memories in a family journal.
- Connect via email for virtual Grandparents Day greetings.
- Gather together and pose for a family photo. Make sure to date it! Make copies and share with those who were unable to be there.
- Spend the day sharing family recipes. Write them down, try them out and eat together! Consider making a family cookbook and dedicate the cookbook to the grandparents.
- Hold a family reunion, or small private family gathering. Take a family census and acknowledge oldest to youngest.
- Play a board game together to enhance intergenerational interaction.
- Spend time telling stories and sharing hobbies. See how interests have changed (or not!) over the years.
- Make a long-lasting memory! Buy a photo album and have each family member personalize pages for a grandparent’s book.
- Visit someone else’s grandparents if yours live far away or make a friendly visit to a health care facility. You will be glad you did.

Come visit Grandparents Grove at Mercer County Park located adjacent to the Marina area.
Go to http://nj.gov/counties/mercer/commissions/park/ for more information about all the attractions the Mercer County Parks Commission has to offer.