

Fitness Center members work out in a friendly, non-competitive environment. Membership is open to all area residents 15 years and older. Those who sign up for an annual membership also have use of the college's heated Olympic size swimming pool. The Fitness Center offers 19 pieces of cardio equipment including an Arc Trainer, Run Free Elliptical, Stairmaster, Upper Body Exerciser, ellipticals, a rowing machine, stationary bicycles, and treadmills. The Fitness Center has 30 machine weights targeting upper and lower body and core. There is also a free weight area which includes benches, dumbbells, kettlebells, medicine balls, and Olympic racks.

Locker rooms and showers are available for use during the facilities' open hours. Handicapped locker rooms and bathroom facilities are located on the first floor.



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MCCC FITNESS CENTER AND SWIMMING POOL



Moving You Forward >>>

Fitness Center Hours:

Monday, Wednesday 6:00 AM-9:00 PM
Tuesday, Thursday 7:00 AM-9:00 PM
Friday 6:00 AM-8:00 PM
Saturday 9:00 AM-3:00 PM
Sunday 10:00 AM-2:00 PM

Swimming Pool Hours:

September 1st-May 31st:

Monday, Wednesday, Friday 6:30 AM-7:55 AM
Monday-Friday 11:00 AM-12:45 PM
Thursday 7:00 PM-9:55 PM
Saturday 1:00 PM-4:00 PM

June 1st-August 31st:

Monday, Wednesday, Friday 6:30 AM-7:55 AM
Monday, Tuesday, Wednesday 5:30 PM-7:00 PM
Thursday 5:30 PM-9:55 PM
Saturday 1:00 PM-4:00 PM

Contact Us:

Mercer County Community College
Fitness Center and Swimming Pool
1200 Old Trenton Road
West Windsor, NJ 08550

Coordinator, Fitness Center and Pool:

Erin Cahill-Wetzel
609-570-3741
cahille@mccc.edu



Fitness Center Memberships:

*only annual and semi-annual Fitness Center memberships include use of the pool.

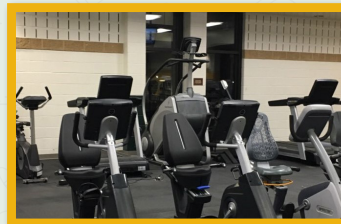
Annual \$225
Senior/Alumni Annual \$200
Annual Restricted (9AM-3 PM) \$150
Semi-Annual \$125
Semi-Annual Senior/Alumni \$110
Quarter Year \$75
Quarter Year Senior/Alumni \$50
Monthly \$35
Alumni Student Athlete \$10/month

Pool Memberships:

Annual Family \$275
Annual Senior/Alumni Family \$190
Annual Single \$160
Annual Senior/Alumni Single \$100
Semi-Annual Family \$165
Semi-Annual Senior/Alumni Family \$115
Semi-Annual Single \$100
Semi-Annual Senior/Alumni Single \$65

Group Exercise and Fitness Activities:

All Fitness Center and Pool members may take part in the college's exercise classes, including yoga and Zumba. All members may also use the college's six tennis courts, located adjacent to the Physical Education Building. Courts are available on a limited basis, from sunrise to sunset.



Membership Registration:

Last Name: _____
First Name: _____
Address: _____
City: _____ State: _____
Zip Code: _____
Phone #: _____
Email Address: _____
Birth Date: _____
Type of Membership: _____

Payment Information:

Cardholder's Name: _____
Card Number: _____
Expiration Date: _____
CVV Code: _____
Amount to Be Charged: _____
Signature: _____

Make checks payable to:
Mercer County Community College

If paying by mail, send to:
MCCC Fitness Center
1200 Old Trenton Road
West Windsor, NJ 08550
Attn: Erin Cahill-Wetzel

To register over the phone,
call 609-570-3741.

To sign up in person, visit the Fitness
Center during operating hours.