**Course Number:** NSG 133  
**Course Title:** Concepts in Nursing III  
**Course Placement:** First Year, Summer  
**Credit Hours:** 3  
**Prerequisites:** NSG 135  
Anatomy & Physiology II  
Developmental Psychology  
**Course Hours:**  
Theory 30  
Clinical 60  
Total 90  

**Course Description:**

This course will assist students in the use of the nursing process when caring for the client experiencing mental health problems. It emphasizes client care during all phases of mental health disorders, from prevention through rehabilitation. The course will provide experiences in a variety of mental health settings.

**Integrated Topics:** Nutrition Professional/legal Issues  
Pharmacology Management/Leadership  

**School Student Learning Outcomes**

A graduate of St. Francis Medical Center School of Nursing will:

1. Integrate concepts from the sciences and evidence-based nursing practice into the care of diverse patients, families and communities.
2. Effectively communicate and collaborate as a member of the health care team, incorporating technological resources to deliver quality patient centered care.
3. Practice within the legal and ethical parameters of the profession.
4. Function competently and safely incorporating professional standards into the delivery of patient centered care.
5. Employ leadership and management skills in the delivery of patient centered care.
6. Exhibit responsible behavior that is self-directive and encompasses personal and professional growth.
**Course Student Learning Outcomes**
Upon completion of NSG 133 the student will:

1. Apply concepts from the sciences and evidence-based nursing practice to the care of patients with psychosocial problems.
2. Use therapeutic communication strategies to provide safe, patient-centered care for patients with psychosocial problems.
3. Apply legal and ethical principles when providing care to patients in the mental health setting.
4. Discuss the nursing process, professional standards and safety requirements for patients in the mental health setting.
5. Identify the role of the nurse as team leader and interdisciplinary collaborator.
6. Demonstrate responsible behavior with increasing self-reflection.

**Course Units & Content:**
- UNIT I - INTRODUCTION TO MENTAL HEALTH NURSING
- UNIT II - DYNAMICS OF NURSING PRACTICE
- UNIT III - THERAPEUTIC MODALITIES
- UNIT IV - MENTAL / EMOTIONAL DISORDERS
- UNIT V – MENTAL HEALTH ISSUES

**Delivery Format:**
- Lecture
- Discussion
- Audiovisual
- Computer Assisted Instruction
- Role playing
- Real Life
- Clinical Practicum
- Case Studies
- Pre & Post Conf.
- Process Recordings
- Environmental Safety Survey

**Schedule of Course Content:**
- Theory Hours: 30
- Class days/hours:
  - Mondays, Thursdays and Friday – 8 a.m. – 12 noon or as indicated (See course calendar)
- Clinical Hours: 52
- Laboratory Hours: 8
  - Tuesday and Wednesday - 8 a.m. – 2:30 p.m.
  - (or as indicated-see course calendar)
Clinical Sites:

Capital Health Mental Health Services
750 Brunswick Avenue
Trenton, NJ 08638
609-278-6998

CentraState Medical Center
901 W. Main Street
Freehold, NJ 07728
732-431-2000

Hampton Behavioral Health Center
650 Rancocas Road
Westampton, NJ 08060

Princeton House Behavioral
905 Herrontown Road
Princeton, NJ 08540

St. Francis Medical Center
Mental Health Unit

Evaluation Grading:

Theory: 100%
- Exam 1 - 25%
- Exam 2 - 25%
- Final Exam = 35% of the Grade
- Post class quizzes (see below) = 8%
- ATI = 2%
- Pecha Kucha = 3%
- Math = 2%

Clinical: Grades S/U
- Clinical Performance
- Process Recordings
- Clinical Lab
- CAI Programs
- Real Life
- Evolve Case Studies
- Group Study
- BaFa BaFa
- Environmental Safety Survey

Quizzes: There are a total of 14 post class quizzes in the course with 10 to 17 questions per quiz. The time limit for each quiz will be 30 to 40 minutes depending upon the length of the quiz.
**Course Requirements:**

1. Attend class lectures, laboratories and clinical experience.

2. Read textbook assignment in preparation for class lecture or laboratory experience as listed on course outline.

3. Read any additional material listed in the course content in preparation for class lecture or laboratory experience.

4. Students are responsible for the material presented in films, computer programs, DVDs and web resources assigned and/or viewed in the classroom.

5. Attendance will be taken at all lectures, laboratories and clinical experiences. 
   **Students who are unable to attend lecture/discussions or laboratories are to notify the course coordinator and the professor responsible for the class.**

6. A student who is absent from theory for any reason is required to make-up the work on his/her own and will be responsible for the material covered.

7. Students who are unable to attend clinical experiences should notify the clinical instructor and School Office (609)599-5190 at least 30 minutes prior to the scheduled experience.

8. A student who is absent from a lab for any reason is required to make-up the work on his/her own and will be responsible for the material covered.

9. Students are expected to arrive to the clinical unit at least 15 minutes prior to the start of their rotation or as designated by faculty. Students arriving after the start of the rotation will be considered late. Any student who is more than 10 minutes late for clinical or lab will be considered absent and will be sent home and charged a clinical make-up fee.

10. The fee for clinical/lab make-up day is $100. The fee will be charged whether or not an instructor is already scheduled for clinical/lab that day, whether or not the make-up is an actual clinical area activity or it is an equivalent assignment. Make up fee will be added to the student’s semester bill and must be paid prior to the scheduled make-day. The Course Coordinator will notify the student Affairs Coordinator / Registrar of the need to charge the fee.

11. Exam dates are listed on the course calendar. All students are expected to be present. Exams will cover material from the lecture/discussions, active learning strategies, scheduled laboratories, textbook, references, audiovisual materials, periodicals, handouts and online resources. Exams will start promptly at the time scheduled.
   a. Any student late for the exam will be allowed to sit for the exam in designated seats at the front of the room. No personal belongings will be allowed in the classroom. **No additional time** will be allotted to complete the exam.
   b. Any student late a second time for an exam will be referred to the Academic Affairs and Advisement Committee. The Committee may issue a fine or another penalty as they see necessary.
   c. All makeup exams must be taken by the end of the next class day or as scheduled by the Coordinator.
   d. The exam will be scheduled with the course coordinator and may be of an alternate form.
   e. A $50.00 fee will be charged for all makeup exams.
   f. A student who misses more than one scheduled exam date per course will be referred to the Academic Affairs and Advisement Committee.
12. A Mental Health standardized exam will be given at the completion of the Mental Health content. The results are used to inform the students of strengths and weaknesses and to determine the need for focused review/remediation of this content. Practice standardized exams will also be given and are used to inform the students of strengths and weaknesses and to determine the need for focused review/remediation of this content.

13. To successfully complete the course, the student must achieve a passing grade of at least 80% in exams, assignments and projects as indicated on the course syllabus and satisfactorily meet 100% of the outcomes for the clinical experience as presented in the clinical evaluation tool. Additional work will not be assigned to improve failing or near-failing grades.

14. Clinical/Lab Assignments include:
   - Process Recordings - 3
     A process recording is required for two of the days spent on the clinical unit. Each process recording is due by the next clinical day.
   - Clinical Lab – 2
     Dealing with Feelings
     BaFa BaFa
   - Real Life – 4 - individually
     Anxiety
     Schizophrenia
     Mood
     Alcohol Abuse
   - Evolve Case Study
     Alzheimer’s disease
   - Group Study – completed on clinical
   - Environmental Safety Survey – completed on clinical

15. ATI testing
   - LSRN
   - Professional Communication Practice
     Proctored
   - Mental Health Practice - 2
     Proctored
   - Dose Calculation – Mental Health Proctored

16. All written work is to be submitted to the instructor as indicated.

17. Any student who is unprepared for clinical or lab experiences will be dismissed from the clinical unit/lab and have an unsatisfactory noted for the clinical/lab experience. The student will be sent home.

18. Unless designated otherwise, all assignments should be submitted by electronic copy to the appropriate faculty member. Be sure that your name is clearly typed on the paper. Students must maintain a copy of all assignments submitted.

19. Self-evaluations must be completed and submitted for discussion at clinical evaluation time. Clinical evaluations will not be completed without self-evaluations.

22. Each student is expected to complete a course evaluation, a clinical agency evaluation for each unit
assigned, and an instructor evaluation for each faculty member. **Evaluations are to be completed and submitted on Blackboard prior to the Final Exam.** Confidentiality will be maintained. A student will not be allowed to take the Final Exam without completing the designated evaluations.

**Textbook Requirements:**

ATI Content Mastery Series

Evolve: **Evolve Apply: Complete RN Online Case Studies** (2 yr subscription)

HESI Case Studies: Complete RN Collection (2Yr Version)


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