ST. FRANCIS MEDICAL CENTER
SCHOOL OF NURSING

Course Number: NSG 131

Course Title: Concepts of Nursing I

Placement: Level I, Fall 2008 Semester

Prerequisites: Admission to Program

Co-requisites: Anatomy & Physiology I

Course Hours: Theory - 60
Clinical - 120

Course Description:

This initial nursing course introduces the student to concepts and procedures of nursing practice. Fundamental skills are developed and applied within a framework of the nursing process and Maslow’s hierarchy of human needs. Emphasis is placed on using the nursing process to meet the physiological, social and psychological needs of clients. Concepts in culture, community and gerontology will be integrated with adult nursing content. Clinical experiences focus on alterations in health of the adult client with acute and chronic medical-surgical conditions.

Integrated Topics: Pharmacology
Nutrition
Professional, Legal Issues
SCHOOL OBJECTIVE I

Provide holistic nursing care integrating concepts of nursing, humanities and biological, physical, social and psychological sciences.

LEVEL OBJECTIVE 1

Utilize basic principles from the physical, biological, social and nursing sciences in planning client care.

COURSE OBJECTIVE 1

Identify basic principles from the physical, biological, social and nursing sciences when planning individual client care.

LEVEL OBJECTIVE 2

Intervene appropriately in the care of the client on the health-illness continuum.

COURSE OBJECTIVE 2

Identify the placement of selected clients on the health-illness continuum.

LEVEL OBJECTIVE 3

Provide nursing care for individual clients within the health care system.

COURSE OBJECTIVE 3

Identify appropriate resources for clients within the health care system.

SCHOOL OBJECTIVE II

Function as a beginning practitioner of professional nursing in primary, secondary and tertiary settings.

LEVEL OBJECTIVE 4

Use the nursing process in the care of the client based on scientific rationale.

COURSE OBJECTIVE 4

Use the nursing process to care for clients in selected clinical situations.
LEVEL OBJECTIVE 5
Apply the selected nursing system, as per Orem, that will meet the self-care needs of the client.

COURSE OBJECTIVE 5
Identify the appropriate nursing system to meet the self-care needs of selected clients.

LEVEL OBJECTIVE 6
Recognize client effort to adapt to stressors.

COURSE OBJECTIVE 6
Demonstrate awareness of the client’s effort to adapt to stressors.

SCHOOL OBJECTIVE III
Synthesize professional, legal and ethical responsibility and accountability within nursing practice.

LEVEL OBJECTIVE 7
Apply values, legal and professional responsibilities to self, profession and client.

COURSE OBJECTIVE 7
Adhere to legal, ethical and professional principles when providing nursing care.

SCHOOL OBJECTIVE IV
Synthesize communication strategies within professional practice.

LEVEL OBJECTIVE 8
Demonstrate effective communication strategies when establishing interpersonal relationships with clients and health care professionals.

COURSE OBJECTIVE 8
Identify communication skills which facilitate the development of a therapeutic nurse-client relationship.
SCHOOL OBJECTIVE V

Exhibit responsible collaborative behavior that is self-directive, utilizes critical thinking skills and encompasses personal and professional growth.

LEVEL OBJECTIVE 9

Participate as a member of the health care team by demonstrating emerging independence, critical thinking and problem solving ability.

COURSE OBJECTIVE 9

Demonstrate beginning independence, critical thinking and problem-solving ability as a member of the health care team.

Teaching Personnel: Mrs. C. Hernandez, RN, MSN, FNP - Course Coordinator
Mrs. M. Geigis, RN, MSN
Mrs. D. Grussler, RN, MSN
Mrs. F. Herman, RN, MSN, CCRN, CRNP, C
Mrs. P. Whitmore, RN, MSN

Course Content: Theoretical content: 60 hours
Class days/hours: Mondays & Fridays
Hours vary (See course calendar)
Clinical/Laboratory Experience: 120 hours
Days/hours: Labs - Wednesdays and Thursdays
Clinical - Wednesdays or Thursdays
Hours vary (See course calendar)

Teaching Methods: Lecture/Discussion
Audiovisual Materials
Computer-Assisted Instruction
Case Studies

Evaluation Methods: Theory: 3 Unit Examinations (65%)
1 Final Examination (30%)
1 Critical Thinking Paper (2%)
1 Nutrition Project (3%)
Clinical: S/U Cumulative Clinical Evaluation
S/U Topical Concept Maps
S/U Communication Process Papers
S/U CAI Projects (80% = S)
S/U Case Studies (80% = S)
S/U Operating Room Experience Paper
P/F Medication Administration Test
P/F Clinical Skills Test