

COURSE OUTLINE

<u>ADD109</u>		<u>Senior Seminar &amp; Practicum</u>		<u>3</u>
Course Number		Course Title		Credits
<u>3/week</u>	<u>0/week</u>	<u>0/week</u>	<u>0/week</u>	<u>15 weeks</u>
Class or Lecture	Laboratory Work Hours	Laboratory, Shop, Studio or Clinic	Work Experience	Semester Length
<u>Not Applicable</u>			<u>Not Applicable</u>	
Performance on an Examination/Demonstration			Telecourse	

Required Materials:

Small, Jacquelyn, (1981). *On Becoming Naturally Therapeutic*.

Also, throughout the seminar, you may be given many handouts that expand on the issues being discussed.

Catalog Description:

Provides students with group, professional and personal support while working as a volunteer addiction counselor in the community. Case presentations and issues arising out of student field experience are discussed.

Latest Review: F 2001

Prerequisites: ADD101 or permission of instructor

Course Coordinator: B. Keatint-Monsen

The seminar is designed to provide students going for certification, either MCCC or APCBNJ, or both, with a forum for discussion about practical issues they are facing as a prospective addiction counselor. They will be required to do volunteer work in the community as addiction counselors for a mutually agreed upon period of time that meets the needs of the community agency and well as their own professional needs. (Volunteer time will count towards their total number of required practical training hours for New Jersey State certification.) Students will report on-going progress and problems with their assigned clients in order to obtain feedback on direction and resolution of conflicts. Students will also use the seminar as a support group for any personal or professional problems that may arise while they engage in their first practical experience. Finally, this seminar will provide guidance in the student's preparation for the final exam required by the NJ State Board.

**EVALUATION**: Students will be evaluated through a group process with a defined set of goals for the seminar participants. Final decisions on the grade will be determined by the seminar instructor and will be based on the quality of the student's work in the field as well as such factors as motivation, attitude, commitment, etc.

### **CLASS MEETING TIME:**

Class meets from 6:00 to 8:40 PM with one ten minute break. Will meet for a total of 15 class sessions plus the final exam session during exam week.

### **COURSE OBJECTIVES FOR ADD 109: SENIOR SEMINAR AND PRACTICUM GUIDANCE**

1. To obtain knowledge and experience in negotiating with community agencies for opportunity to do volunteer work in a given agency.
2. To establish skills in developing harmonious working relationships with existing staff and supervisors.
3. To experience the daily scheduling of the work of an addiction counselor in all its aspects.
4. To obtain supervision on several categories of counseling experience as required by the APCBNJ, and to achieve successful completion of these tasks.
5. To receive assistance in preparing for the oral exam required by APCBNJ.
6. To receive assistance in preparing for the written exam required by APCBNJ
7. To prepare case study presentations for the seminar group.
8. To engage in professional experience in an actual community setting
9. To become aware of the nature of prevention work
10. To recognize and resolve personal issues as they are aroused by the staff and patient contact and interaction.
11. To obtain and accept referral for any special personal work that needs to be done in order for the student to be better prepared for the addiction counselor role.
12. To obtain real life experience in the field of addiction counseling, and make final decision regarding role in this field.

#### **I. Contact with County Council on Alcoholism**

##### **A. Developing a list of community resources**

##### **1. Addiction Resources**

- a. Prevention
- b. Education

- c. Recovery (hospitals, clinics, private therapists)
- d. Follow-up (After-care, half-way houses, and long term residential)
- 2. Allied Services to support recovery of addict and family
  - a. community Family Treatment Services
  - b. DYFS
  - c. Vocational Rehabilitation
  - d. Disability
  - e. Veterans Administration
  - f. Blind and Deaf support organizations
  - g. 12-step community programs
  - h. Legal Community
  - I. Gay support groups
  - J. HIV resources
- B. Making client referrals

## **II Community Involvement**

- A. Organizing contacts
  - 1. List of resources, addresses and telephone numbers
  - 2. Arranging for visitation or speaker from agency
- B. Building a file
  - 1. Nature of service
  - 2. Populations served
  - 3. Fees schedule, if any
  - 4. Special qualities of agency
  - 5. Agency's use of volunteers

## **III Community and Professional Education**

- A. Provision of education materials to community organizations
  - 1. Organizations: Schools, service clubs, business, industry and labor, media representatives, political and community leaders
  - 2. Types of education
    - a. Pamphlets, articles and flyers
    - b. Video and Audio tapes
    - c. Speakers
- B. Provision of education materials on HIV positive, drug and alcohol education to colleagues and other professionals
  - 1. Provide lectures, discussions, and meetings for professional exchange
  - 2. Join various community groups for networking purposes

**AP 109: Senior Seminar and Practicum Guidance** This course will provide students with the opportunity for group, professional and personal support while working as a volunteer addiction counselor in the community. It includes case presentations as well as counseling on issues arising out of the interaction between the student, staff and clients. It is the final preparation for the two major certifications offered by MCCC and APCBNJ.

**AP 109** is a course designed to provide essential knowledge and experience in practical addiction counseling along with support for personal growth and awareness in a professionally guided group.

The projected enrollment for the course is 10 - 12 students. A classroom, audio-visual equipment, and the use of a copy machine for reproduction of handouts is required. This course is the final phase of a certificate program which requires the student has completed specific courses in other departments as well as the eight courses available in addiction counseling