

## **ADD 107: PROFESSIONAL RESPONSIBILITY FOR ADDICTIONS COUNSELING**

Text: Issues & Ethics in the Helping Professions 6<sup>th</sup> ed.  
Corey, Corey and Callanan

Latest Revision: Spring 2004

Course Description: An introduction to ethical standards for addiction counselors. Legal aspects of addictions counseling are reviewed. Cultural issues in counseling are reviewed. Strategies for counseling and for maintaining counseling skills/knowledge are reviewed. Strategies for maintaining counselors' well being are reviewed. Including, mental health of counselors.

### Course Outline:

Week 1: Overview of course

Review of requirements

- a. Two research papers
- b. Multi-cultural interview
- c. Admissions letter
- d. Alternative Counseling research article
- e. Mid-term exam
- f. Final exam
- g. Class participation
- h. Research article presentations

Class activities, assignments and evaluations

Research requirements

Introduction to ethical standards

Week 2: Ethical Standards

Chapter 1 (Corey)

Hand outs (discretion of instructor)

Week 3: Ethical Standards continued.

Chapter 5

Week 4: Legal Aspects of Counseling

Hand out: Moral Dilemma

Chapter 6

Week 5: Legal Aspects continued

Class discussion

Case study review and discussion

Week 6: Multicultural Aspects of Addictions Counseling  
Introduction to multiculturalism  
Values clarification exercise  
Chapter 4  
Student presentations

Week 7: Mid-term exam

Week 8: Multicultural Aspects of Addictions Counseling  
continued.  
Chapters 3, 4 & 6  
Student presentations

Week 9: Multicultural Aspects of Addictions Counseling  
Continued – handouts  
Chapters 3, 4 & 6 – Chapter 10 p. 371-372  
Handouts

Week 10: Professional Growth  
Chapter 2  
Current issues in addictions counseling  
Discussion of alternative theories  
Chapter 8  
Student presentations

Week 11: Professional Growth – continued  
Chapter 8  
Handouts  
Student presentations  
Continuing education

Week 12: Personal Growth  
Hand outs  
Relaxation, leisure skills, personal therapy  
Avoid burnout  
Continuing personal education

Week 13: Personal Growth  
Continued

Week 14: Dimensions of Recovery

Self-awareness and needs for professional competence

12 Step model

other models – for ex. Solution Focused/Rational Recovery

Harm reduction

Week 15: Dimensions of Recovery

continued.

Strategies and resources for growth and support

Final exam