Required Textbook
ISBN: 978-0-13-510351-7 (vol. 2)

The NRS 101 challenge exam will be a 30 question multiple choice exam based on content presented in the course. Please refer to the reading assignments and instructions for accessing course lecture notes. When you have read the content and are ready to take the exam, please contact Stephanie Horner at www.horners@mccc.edu for an appointment to take the exam. You will need two #2 pencils and your MCCC ID to take the exam. You will have 45 minutes to complete the exam. The test answers will be placed on a scantron sheet which will be scored. The scantron sheet stands as the final answers for all test questions. A study guide for the exam is also included in this packet. If you have questions regarding specific chapter content, please email Professor Donna Penn at pennd@mccc.edu.

**NRS 101 Challenge Exam Prep for Second Chance Program Students**

<table>
<thead>
<tr>
<th>Content</th>
<th>Target Competencies</th>
<th>Learning Activities</th>
</tr>
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</table>
| Professional Nursing Practice & Health Care Delivery Systems | 1. Explore nursing behaviors that demonstrate professionalism  
2. Identify different types of health care agencies and health care services.  
3. Identify factors that influence the development of health policy in the United States  
54Identify regulatory agencies and accrediting bodies that develop, administer, or implement health policy  
5. Discuss professional organizations that support nurses and the nursing profession.  
6.. Discuss the goals and purpose of evidence-based practice | Reading Assignment:  
*Nursing A Concept Based Approach to Learning* Vol. 2 :  
Chapter 38 pgs. 2225-2233 and 2236-2238  
(Work Ethic)  
Chapter 44 pgs. 2339-2350  
Chapter 45 pgs. 2361-2369  
Chapter 43  
Print lecture notes( Print option, 3 slides per page) from website to utilize while completing the assigned readings: lecture notes can be accessed at www.mccc.edu/nursing under “Course Information”, NRS 101, Lectures |
| Legal & Ethical Issues in Nursing Practice | 1. Discuss the relationship between values and ethics in the nursing profession.  
2 Discuss how personal values influence personal care.  
3. Describe the rights of client’s in the health care system. | Reading Assignment:  
*Nursing A Concept Based Approach to Learning* Vol. 2 :  
Chapter 42  
Chapter 47  
Print lecture notes( Print option, 3 slides per page) |
<table>
<thead>
<tr>
<th>Chapter/Section</th>
<th>Learning Objectives</th>
<th>Reading Assignment</th>
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<tbody>
<tr>
<td>Critical Thinking &amp; the Nursing Process</td>
<td>4. Identify the legal parameters of professional nursing practice.</td>
<td></td>
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<tr>
<td></td>
<td>Discuss the relationship of the nursing process to critical thinking. Identify the components of the nursing process. Explain the relationship of data collection and data analysis in critical thinking.</td>
<td>Reading Assignment: Nursing A Concept Based Approach to Learning Vol. 2 : Chapter 34</td>
</tr>
<tr>
<td>Communication in Nursing</td>
<td>Describe the basic elements of the communication process. Discuss effective communication techniques for clients at various developmental levels. Discuss the significance of therapeutic communication in promoting professional nursing relationships. Identify barriers to successful communication. Identify different documentation systems</td>
<td>Reading Assignment: Nursing A Concept Based Approach to Learning Vol. 2 : Chapter 36</td>
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**NRS 101 Challenge Exam Study Guide**

ALL CHAPTERS ARE FROM *NURSING: A CONCEPT-BASED APPROACH TO LEARNING* Vol. II. TEST QUESTIONS WILL FOCUS ON COURSE OUTLINE OBJECTIVES FOR EACH CLASS. TEST PREP SHOULD INCLUDE ASSIGNED READINGS & LECTURE NOTES.

Chapter 34 Clinical Decision Making :(3 questions) Areas for focus: Levels of critical thinking, aspects of critical thinking, clinical use of critical thinking, critical thinking competencies, components of critical thinking in nursing, attitudes for critical thinking, developing critical thinking skills

Chapter 36: Communication & Documentation (8 questions) Areas for focus: Forms of communication (Verbal & nonverbal), elements of professional communication, Therapeutic communication techniques, barriers to communication, guidelines for quality documentation and reporting, Methods of recording or documenting, computerized documentation.

Chapter 43: Evidence Based Practice (1 Questions) Goals of evidence based practice.

Chapter 44: Health Care Systems (4 questions) Content highlights: Types of health care services, access to health care, types of health care settings, health care demographics.

Chapter 45: Health Policy (4 Questions) Content highlights: Professional organizations, accrediting bodies, types of reimbursement

Chapter 47: Legal Issues (7 Questions) Content Highlights: Types of law, Advanced Directives, Professional standards, Legal issues in nursing practice, Informed Consent

PLEASE BRING TWO (2) SHARPENED # 2 PENCILS TO THE EXAM AND YOUR MCCC STUDENT ID NUMBER.
YOU WILL HAVE 45 MINUTES TO COMPLETE THE EXAM.