

NRS 225 Frequently Prescribed Medications for Mental Health

Please study the bolded classifications of drugs (mechanism of action, major side effects, contraindications, nursing implications). Dosing will be dependent on the specific drug. You will be expected to discuss these medications during clinical. Please refer to your Adams pharmacology book for more specific drug information.

Drugs for Stress & Coping: Anxiolytics Benzodiazepines

- a.) Xanax (alprazolam)
- b.) Ativan (lorazepam)
- c.) Librium (chlordiazepoxide)
- d.) Klonopin (clonazepam)
- e.) Valium (diazepam)
- f.) Serax (oxazepam)
- g.) BuSpar (buspirone) (Non-benzodiazepine anxiolytic)

Drugs for Cognition:

1.) Acetylcholinesterase Inhibitors (Alzheimers)

- a.) Aricept (donepezil)
- b.) Exelon (rivastigmine)
- c.) Cognex (tacrine)
- d.) Reminyl (galantamine)
- e.) Namenda (memantine)

2. Antipsychotics (Phenothiazines) (Schizophrenia)

- a.) Thorazine (chlorpromazine HCL)
- b.) Prolixin (fluphenazine)
- c.) Mellaril (thioridazine)
- d.) Compazine (prochlorperazine)

Nonphenothiazines

- a.) Haldol (haloperidol)
- b.) Loxitane (loxapine)

3. Atypical Antipsychotics

- a.) Abilify (aripiprazole)
- b.) Clozaril (clozapine)
- c.) Zyprexa (olanzapine)
- d.) Seroquel (quetiapine)
- e.) Risperdal (risperidone)
- f.) Geodon (ziprasidone)
- g.) Latuda (lurasidone)
- h.) Invega (paliperidone)

Drugs for Mood & Affect:

Mood Stabilizing Drug: Lithium

Tricyclic Antidepressants

- a.) Elavil (amitriptyline)
- b.) Sinequan (doxepin)
- c.) Anafranil (clomipramine)
- d.) Tofranil (imipramine)
- e.) Pamelor (nortriptyline)

MAO Inhibitors (MAOI)

- a.) Marplan (isocarboxazid)
- b.) Nardil (phenelzine)
- c.) Parnate (tranylcypromine)

Selective Serotonin Reuptake Inhibitors (SSRI)

- a.) Celexa (citalopram)
- b.) Lexapro (escitalopram oxalate)
- c.) Prozac (fluoxetine)
- d.) Luvox (fluvoxamine)
- e.) Paxil (paroxetine)
- f.) Zoloft (sertraline)

Atypical Antidepressants

- a.) Wellbutrin, Zyban (bupropion)
- b.) Cymbalta (duloxetine) (SNRI)
- c.) Desyrel (trazodone)
- d.) Effexor (venlafaxine)
- e.) Remeron (mirtazapine)

Anti-Seizure Drugs Used for Mood Disorders

- a.) Carbamazepine (Tegretol)
- b.) Lamotrigine (Lamictal)
- c.) Valproic acid (Depakene, Depakote)

Drugs for Attention Deficit-Hyperactivity Disorder

- a. Concerta, Ritalin (methylphenidate)
- b. Adderall (amphetamine salt)
- c. Strattera (atomoxetine)
- d. Focalin (dexamethylphenidate)
- e. Desoxyn (methamphetamine)

Drugs for Addiction

1. Antabuse (disulfiram)-Alcohol

2. Chantix (varenicline)-Cigarette Smoking
3. Suboxone (Buprenorphine Hydrochloride and Naloxone Hydrochloride)-Heroin
4. Subutex (Buprenorphine)-Heroin
5. Nicotine Replacement Therapy-Cigarette Smoking
6. Methadone-Heroin
7. Narcan (naloxone) opioid antagonist (used for any opioid overdose)
8. Romazicon (flumazenil) benzodiazepine antagonist (used for benzodiazepine overdose)
9. Mucomyst (N-Acetylcysteine) Used for Tylenol overdose