

DRESS CODE FOR NRS 122 CLINICAL ROTATIONS

Each student makes a strong impression on clients/patients, visitors and agency staff by his/her appearance. Appropriate attire helps your clients experience you as a competent professional. In the mental health setting you are role models for helping the clients see the positive outcomes of self-care, helping them move forward with participating in their own self-care. All of which fosters increasing self-esteem in their recovery process. Conservative dress fosters appropriate behavior and avoids client misinterpretation about you being a potential friend or date.

As you meet the Standards of Nursing Practice, included in the dress code, you will find yourselves an asset to the healthcare team. It is so important that if the dress code is not followed the participation at the clinical site cannot be permitted.

So for a review: Your FACILITY and MCCC picture ID badge must be worn and visible at all times. Please wear conservative, simple, business type clothes. No jeans of any color or jean type fabric, No sweat pants or sweat shirts. No shirts with logo's, No low cut pants, No low cut tops or midriff tops, No skirts above the knee or pants above the ankle. No high heels or open toe or open heel shoes or fashion boots. No excessive and hanging jewelry.

Other aspects of orientation to the mental health setting include:

- Meet with clients in the living rooms. Do not accompany clients to their bedrooms or outside the units.
- In the living rooms please do not sit in groups together. Clients will experience you as approachable if you are available individually to them.
- Maintain a soft voice.
- All writing, review of paperwork, and reading of charts is to be done in the chart room.
- Please check in with your charge nurse when you come on the unit and leave the unit.