

The Nancy Schluter Spirit 2nd Annual 5k/Fun Run & Walk

Benefiting Trenton Area Campus Ministries

Saturday, September 12, 2009



Mercer County Community College

(USATF #NJ08016LMB)

Competitive Race, Fun Run, and Walk



Registration/Check-in at 8:00 am
Race begins at 9:00 AM

Entry Fee: \$20 pre-registration (USATF-NJ members \$18), \$10 each additional family member, \$40 max. per family
\$25 Race Day, \$10 each additional family member, \$45 max. per family

***Preregistration & T-shirt deadline: September 6.** T-shirts on race day while supplies last. Prizes awarded to top male and female overall winners and top 3 finishers in each age group in Competitive Race.

Catagories (M/F): 14 & under/ 15-19 / 20-29 / 30-39 / 40-49 / 50-59 / 60-69 / 70+

Detach completed form below and mail, along with check made out to "Trenton Area Campus Ministries," for the total amount to: **Jim Alpaugh, 1 Olden Dtve, Flemington, NJ 08822**

Email queries to: doodie@howarddesign.com

First Name _____ Last Name _____

Address _____ City, State & Zip _____

Zip _____ Phone _____ Email _____

Emergency Contact Name _____ Phone _____

Church Name & Town (if applicable) _____

Date of birth _____ (mm/dd/yyyy) Age on race day _____ Circle Event: Comp. Race Fun Run Walk

Circle One: Male/ Female (USATF-NJ members only) USATF-NJ # _____

T-Shirt Size (Circle One): (Youth) S M L (Adult) S M L XL

Names and ages of other family members participating _____

In consideration of accepting my entry in the Nancy Schluter Spirit 5K and Fun Run, I hereby release and forever discharge Trenton Area Campus Ministries, Mercer County Community College, and any other organization, agency, or individual associated with this race, including any members, volunteers, agency, or representative thereof, of any kind of blame and/or responsibility for any loss, damage, or injury I may suffer as a direct or indirect result of my participation in any activity associated with or related to this event. I know that running a race is a potentially hazardous activity. I understand that I should not enter the race unless I am medically able and have properly trained. I attest that my physical condition and fitness are adequate for me to safely compete in this race.

Signed _____ (Parent or Guardian, if minor)