Counseling and Community Networks and Student Life and Leadership present

## The Fifth Annual MENTAL WELLNESS RESOURCE FAIR

DISCOVER the RESOURCES available ON CAMPUS and in OUR COMMUNITY

**DATE: THURSDAY, OCTOBER 10** 

## LOCATION: FIRST FLOOR, STUDENT CENTER WEST WINDSOR CAMPUS

TIME: 11:30 A.M. to 1:30 P.M.

**VISIT THE** 

**"IN THEIR SHOES"** 

**EXHIBIT IN THE QUAD** 

TAKE A WALK "IN THEIR SHOES"...DON'T JUDGE THEIR JOURNEY. TO INCREASE UNDERSTANDING, EMPATHY AND KINDNESS TOWARD THOSE STRUGGLING IN SILENCE AND TO ENCOURAGE THEM TO SEEK HELP. THE SHOES REPRESENT THE NJ YOUTH, AGES 10 TO 24, WHO LOST ALL HOPE AND ENDED THEIR LIVES DURING THE PAST 3 YEARS.

## COME CUDDLE with THERAPY DOGS



Join Mon f B 🛗 in 🖓 🖸 🕹



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