## Somatoform Disorders

Ch.6-Somatoform Disorders

## Module Objectives

•What are Somatoform Disorders? •What are some forms of somatoform disorders?

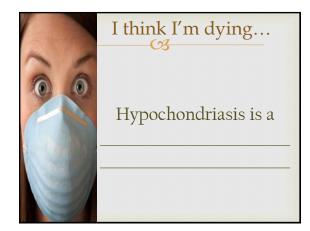
₩hat are the causes for these disorders?

础How can they be treated?

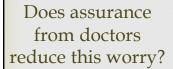


Somatoform disorders occur when psychological



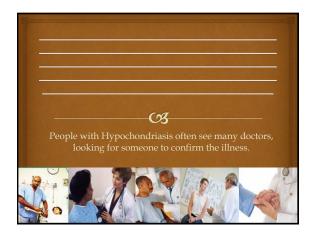


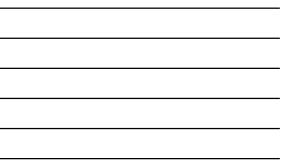












## Who does this disorder affect?

<sup>CR</sup> The prevalence of this disorder in the general population is not fully known, it is approximated that this effects about \_\_\_\_\_\_

<sup>CR</sup>Throughout history this disorder was typically associated with women as a "hysterical" disorder.

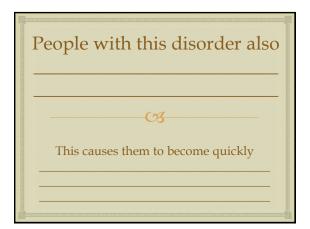
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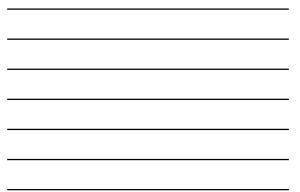
## Prevalence

Reproduction of the second sec

∝It is widely agreed that Hypochondriasis is a disorder of

-Research has confirmed that patients with hypochondriasis show enhanced perceptual sensitivity to illness cues.





Patients with hypochondriasis have a high rate of comorbidity. In one study, 88% of patients with hypochondriasis had one or more concurrent disorders.

- Dysthymic disorder (45.2%)
- Somatization disorder (21.4%)
- A These patients are 3 times more likely to have a personality disorder than the general population (Barsky, 1992).

## Treatment

**CRCBT** focuses on identifying and challenging illnessrelated misinterpretations and showing patients how they can create symptoms by focusing attention on certain body parts.

-CBT showed a 76% improvement rate (Warwick et al., 1996)

Redications are seldom used, but SSRI's may be considered.

### **Conversion Disorder**

CB-

This term was made famous by Freud, who believed the anxiety resulted from unconscious

#### Conversion Disorder

-03-

€ Conversion disorders tend to be associated with physical

- Paralysis
- Blindness
- Difficulty speaking

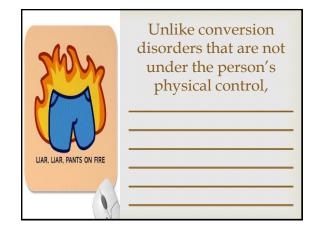


This affects 1-3% of those referred to mental health services

<sup>CR</sup>Those who report blindness often can avoid objects in their visual field, as well as those reporting paralysis of the legs might get up and run somewhere in an emergency and are astounded they were able to do this.

-This can account for some who are miraculously "cured" during religious ceremonies





# Why are you such a faker?

Somewhere in between conversion and faking physical symptoms are \_\_\_\_\_

Reople with this disorder fake physical or psychological symptoms to become a patient for psychological reasons

- Commonly referred to as \_
- No apparent gain except sympathy and attention.



63

- Contaminating urine samples with blood
- Taking hallucinogens
- Injecting themselves with bacteria to produce infections

# Munchausen Syndrome by Proxy

⊶This disorder is a factitious disorder, but really an

The parent may resort to extreme tactics to create the \_\_\_\_\_

-Usually establish a positive relationship with the medical staff.



## The caregiver may exaggerate, fabricate, or induce symptoms.



Children effected are typically preschool age, although there have been reported cases in children up to 16 years old.

# Who does this disorder effect?

There are equal numbers of boys and girls,



## Statistics

Conversion disorders are relatively rare in mental health settings, often because people with these symptoms are more likely to consult a neurologist or specialists.

<sup>cell</sup>t was concluded that environmental stress, especially sexual abuse, are common among children and adolescents with conversion disorder (Roelofs et al., 2002).



© Few studies have evaluated the effectiveness of treatment, but the principle strategy is to identify and attend to the traumatic/stressful life event, if it is still present and remove the sources of <u>secondary</u> <u>gain</u>.

