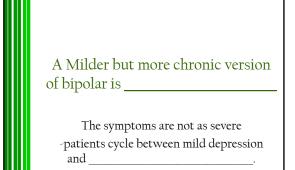


<u>Bipolar disorder</u>

<u>Bipolar disorder</u>, affects approximately 2.3 million adult

Men and women are equally likely to develop this illness.



Cyclothymic Disorder

 A person with this disorder tends to be in one state or the other for many years with few periods of neutral mood (euthymia)

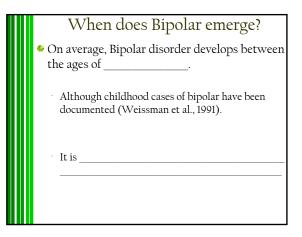
This pattern of mood is

The behavior is ______ but the fluctuations in mood are enough to interfere with functioning.

 People with <u>Cyclothymic disorder</u> are at an increased risk of developing the more severe bipolar I or II.

Bipolar I _____

Bipolar II _____



How much do you know? True or false?

- Women are approximately twice as likely as men to be diagnosed with a mood disorder.
- It is often difficult to diagnose depression in the elderly because its symptoms are similar to those of medical problems or dementia.
- Depression requires life experiences, which is why young children cannot experience the disorder.

What Causes Mood Disorders?

Is it biology?



<u>Family and twin studies</u> can be used to help estimate the genetic contribution.

Family studies examine the _____

- the proband
- Klein et al. (2002) also found that the increasing severity and recurrence was associated with ______

Is it in our genes?

- The best evidence that genes contribute to mood disorders comes from _____:
 - where the frequency that ____
- Research suggests that an identical twin is times more likely to present with a mood disorder than a fraternal twin if the first twin had a mood disorder (McGuffin, 2003).

Strong support for genetic contribution Studies examining bipolar disorder report:

- 66.7% of identical twins compared with only 18.9% of fraternal twins
- 45.6% versus 20.2% if the first twin had unipolar disorder.



This research suggests that severe mood disorders _____

How much do life events effect mood disorders?

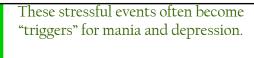
Life stressors and events

are

Life Stressors

• Research supports the notion that severe events precede <u>all</u> types of depression. Major life stress is a ______

• The context and personal meaning to any event are more important than the actual event itself and there are some events that are particularly likely to lead to depression.



- Although almost everyone who becomes depressed has experienced a significant stressful event, most people who experience such events do not become depressed.
 - Somewhere between

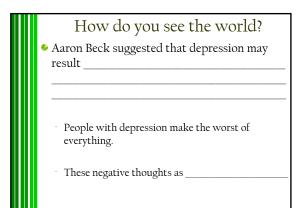
Can your PERCEPTION cause depression?

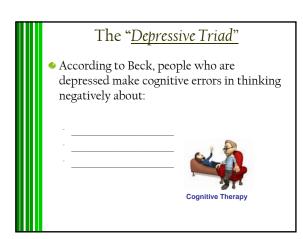
People become anxious and depressed when they decide they have

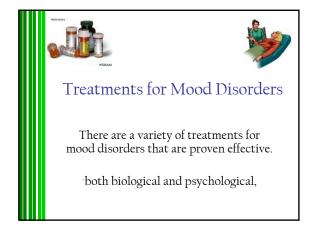
(Seligman, 1978).

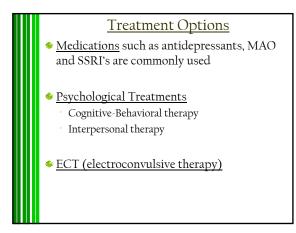
Learned Helplessness

This research has become an important model called the *learned helplessness theory of depression*.









When all else fails...

- ECT is one of the most dramatic and controversial therapies for psychological disorders.
- It is unknown why this treatment works. The electric shock produces a seizure.

Next Class...

Body image and Eating Disorders