

Classical Conditioning was a good start but...

- B. F. Skinner believed that more behaviors can be explained through <u>Operant</u> <u>Conditioning</u> than through classical conditioning.
- Also referred to as

2

Who influenced Skinner's work?

• Edward Thorndike was the first to examine this process of conditioning in the 1890's, by placing cats in "______"



The concept of reinforcement	
Thorndike believed that if a response is rewarded then the response is learned.	
4	
So what's so wrong with Classical Conditioning?	
One problem with CC is the learner has little control over the stimulus or the response.	
5	
B.F Skinner	
Skinner believed that an organism's behavior was directly related	
- Meaning, the environment was responsible for behavior.	
Skinner only studied	
6	

Operant Conditioning Conditioning based on the

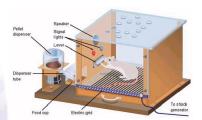
depending on the consequence.

- This type of conditioned behavior is
- There are <u>four</u> types of Operant Conditioning:
 - Positive Reinforcement
 - Negative Reinforcement
 - Punishment
 - Extinction
- Both Positive and Negative Reinforcement

8

The Skinner Box

 The "Skinner box" was designed as a controlled environment with responding mechanisms and consequence delivery



The follow-through	
In Operant conditioning a <u>consequence</u> immediately follows a desired response and occur only if the behavior occurs.	
• Reinforcers behavior	
• Punishers behavior	
10	
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<u>Reinforcement</u>	
A <u>reinforcer</u> is any event that <u>increases</u> the likelihood of the event or behavior happening again.	
Reinforcement Positive reinforcement is the of a stimulus after a behavior.	
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Negative Reinforcement Procedures

- Escape (escape learning)
 - The aversive stimulus is presented but can be stopped, terminated, by the instrumental response
- The instrumental response is then reinforced by termination of the aversive stimulus

16

Have you ever Escaped?

- You leave the theatre to escape having to watch a bad movie
- You turn off the radio to escape having to listen to an awful song
- You escape the intense smell of fish by leaving the kitchen as it is cooking on the stove
- You walk out of class to escape the awful lecture

17

- Avoidance (active avoidance)
 - This procedure involves an aversive stimulus that is to be presented some time in the future
- Performing the response

Have you ever Avoided?

- You study before taking the exam to avoid getting a bad grade
- You leave a building during a fire alarm to avoid being burned by the fire
- You leave the by bar by 10:00 to avoid paying the \$20 cover charge
- You change the oil in your car every 3 months to avoid having the car breakdown

19

Positive or Negative Reinforcement?

- Linda buys her 3 year-old daughter candy to stop a temper tantrum.
- George shoots up heroin to prevent the symptoms associated with heroin withdrawal.
- A high school teacher began disapproving of the students' disruptive behaviors when they occurred. This resulted in an increase in the level of disruptive behaviors.
- Diane's supervisor compliments her on her hard work.
- If Billy cleans his room, he will no longer have to stay inside

20

Primary Reinforcers

 A primary reinforcer has survival value. This is a reinforcer such as food, water, sex or the removal of pain.

Secondary Reinforcer

- A <u>secondary reinforcer</u> acquires meaning when it is associated with a primary reinforcer.
 - Previously neutral stimulus

Superstitious Behaviors

- Superstitions are the result_
 - There a dozens of superstitions, but did you ever wonder why people believe them?
- When a person or animal_

superstitious behavior may develop



Is Punishment the same as Negative Reinforcement? Punishment is often confused with Negative Reinforcement...but they are NOT the same. Punishment can also be a consequence the probability that a response will occur. • The process of delivering an unpleasant stimulus, or removing a desired stimulus. Positive Punishment decrease unwanted behavior remove something to decrease unwanted behavior Examples of Positive Punishment

- A mother yells at her daughter for crossing the street without looking
- Your teacher gives you an F on your exam if you get too many questions wrong
- You get a speeding ticket for going 15 mph faster down the highway than you should have

Examples of Negative Punishment

- A man's driver's license is revoked for drunken driving
- A child is sent to her room after hitting her sister
- You come home past your curfew and your parents take away your cell phone and car for a week

2

Punishment

- Example Hitting, grounding, electric shock (hopefully not used on your children ©)
- What is the purpose of hitting a child to after an unwanted behavior is displayed?

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29

Punishers, just like reinforcement, are broken into two groups:

- <u>Primary punisher</u>- Any stimulus/event that is naturally painful or unpleasant to an organism,
 - ex: ear-piercing noise or pain
- <u>Secondary Punisher</u>- Any neutral stimulus that initially has no negative value for an organism but acquires punishing qualities when linked with a primary punisher.
 - Ex: "The look" your mom gave you before you did something wrong ☺

Did you get it? Negative reinforcement or Punishment

- Because Kathy did not clean her room she must stay inside.
- Your Professor says you won't have to take the final exam because you did so well on your other exams.
- Riley is placed in "time out" because she would not listen to her mother.
- Megan's mom is always nagging her to wash the dishes and when Megan does the dishes, her mom stops nagging her
- A parent takes away a teen's cell phone following a poor 31 report card.

But, does punishment work?

- There are many limitations of punishment:
 - It only suppresses existing behaviors
 - Punishment cannot establish new, desired behaviors

Extinction

- How would your behavior change if I stopped giving you extra credit when you submitted your flash cards on time?
- The result is a decrease it the likelihood that the behavior will occur...the behavior will weaken. (Extinction)

Schedules of Reinforcement

- Four schedules are based on patterns of intermittent reinforcement.
 - These schedules can be "fixed" or "variable"
- Two are interval schedules
- Two are ratio schedules



34

Can we learn just by watching?

Albert Bandura-Social Learning Theory

35

Behaviorists say "YES!"

- Bandura was interested in explaining aggressive behavior

What did you see?

• Children who watched violent media were

than children who <u>did</u> not <u>watch</u> a violent media.





37

Learned Aggression

- Researchers found that 88% of the children imitated the aggressive behavior.
- Eight months later, 40% of the same children reproduce the violent behavior observed in the Bobo doll experiment. (Isom, 1998).

38

Next Class

Memory