

**Course Number HOS 102** 

**Course Title** Food Preparation II Credits 3

Hours: Lecture/Lab/Other Co- or Pre-requisite

Implementation Semester & Year

1/4/0

**HOS 101, HOS 118** 

Fall 2022

#### Catalog description:

Refines culinary skills in quantity food preparation through operation of a student-run restaurant. Includes kitchen and dining room organization and operations; menu development and design; management of service and culinary personnel; service standards; serving the general public; merchandising and sales promotion; and banquet management. Chef whites required

**General Education Category:** 

Not GenEd

**Course coordinator: Douglas Fee** 

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## Required texts & Other materials: :

Coursebook distributed on the first day of class

#### **Course Student Learning Outcomes (SLO):**

#### Upon successful completion of this course the student will be able to:

- 1. Demonstrate a working knowledge for the development of production sheets including portion size, serving temperatures, quantities, garnish, and timing. (Supports ILGs# 1, 2, 3, 11, 9; PLOs# 1, 3, 5, 7)
- 2. Develop, apply, and evaluate job descriptions and task analysis required for a successful commercial or institutional operation. (Supports ILGs# 1, 2; PLOs# 4)
- 3. Create a menu and analyze the importance of menu planning and development in the overall success of a food service operation. (Supports ILGs# 1, 2, 3, 11; PLOs# 2)
- 4. Demonstrate the critical thinking skills involved in the daily planning in food service operation including labor costs and scheduling. (Supports ILGs# 1, 2, 4; PLOs# 4)
- 5. Properly set up service including kitchen and dining room stations and demonstrate the ability to communicate effectively as a team while meeting the requirements of customer service and "moment of truth" ethical standards, leadership, and teamwork. (Supports ILGs# 1, 2, 3, 9, 11; PLOs# 4, 7, 9)
- 6. Create and prepare a variety of menu items following standardized recipes, using proper preparation and sanitation techniques while demonstrating a working knowledge of yield and portion control. (Supports ILGs# 1, 2, 3, 11; PLOs#1, 2, 5, 6, 8)

#### **Course-specific Institutional Learning Goals (ILG):**

**Institutional Learning Outcome 1. Written and Oral Communication in English.** Students will communicate effectively in both speech and writing.

**Institutional Learning Outcome 2. Mathematics.** Students will use appropriate mathematical and statistical concepts and operations to interpret data and to solve problems.

**Institutional Learning Outcome 3. Science.** Students will use the scientific method of inquiry, through the acquisition of scientific knowledge.

**Institutional Learning Outcome 4. Technology.** Students will use computer systems or other appropriate forms of technology to achieve educational and personal goals.

**Institutional Learning Outcome 9. Ethical Reasoning and Action:** Students will understand ethical frameworks, issues, and situations

**Institutional Learning Outcome 11. Critical Thinking:** Students will use critical thinking skills understand, analyze, or apply information or solve problems.

#### Program Learning Outcomes for Culinary Arts, Culinology and Management (PLO)

- 1, Apply safe and sanitary practices within any food production department compliant with laws and safety regulations.
- 2. Develop appropriate menus and recipe selections and recognize costs incurred and apply cost control techniques
- 3. Design and plan meal service, buffets and food-related activities / functions and understand the purchasing and requisition process
- 4. Develop professional written and verbal communication and computational skills related specifically to hospitality.
- 5. Demonstrate proficiency in a variety of professionally recognized culinary / pastry skills / techniques.
- 6. Apply practical culinary / pastry techniques that stress creativity and innovation with respect to flavor and texture in food production
- 7. Work in any production or food preparation station within a food service department
- 8. Create and critique high-quality food products with artistic designs.
- 9. Effectively supervise and train kitchen personnel

#### Units of study in detail – Unit Student Learning Outcomes:

#### <u>Unit I and II</u> Menu Considerations and How to Write a Menu [Supports Course SLO # 1, 2, 4] The student will be able to...

- Discuss restaurant concepts and their importance in the development of a business plan
- Identify factors to consider when planning a menu and specifically "OUR" Menu
- List and describe some common menu types
- Understand and discuss menu item pricing
- Demonstrate a working knowledge of Menu layout and design
- Demonstrate an understanding of standardizes recipes and create prep list / timelines for assigned recipes
- Discuss and apply skills necessary for recipe conversion

# **Unit III** Hiring and Training Staff [Supports Course SLO # 1, 3, 4, 5]

The student will be able to...

- Explain and discuss the necessary components when hiring your staff
- Recognize the components for a successful job interview both interviewing and when interviewed
- Determine Staffing requirements to fit given menu and time parameters
- Prepare job descriptions and develop timelines for the required restaurant positions

#### <u>Unit IV</u> Forecasting and Budget Creation [Supports Course SLO # 5, 6]

The student will be able to...

- Understand the budgeting process required to operate a restaurant
- Explain the relationship between check average and covers and analyze how the interaction between the two impacts the overall budget
- Differentiate the income and expenses that exist separate meal periods and develop each individually on a spreadsheet
- Justify and explain how you determined the covers and check averages for your budgeting project
- Create and evaluate a budget to determine your potential income to determine your Prime Coasts (combined food cost and labor cost percentage cost)
- Produce a forecasting spreadsheet for a one-year time period to create a budget.

## <u>Unit V</u> Production and Restaurant Systems [Supports Course SLO # 3, 4, 5, 6]

The student will be able to...

- Create these staffing list for positions and responsibilities for each member of the class
- Discuss and determine and create the systems to be utilized for getting the food to your customers
- Create and analyze the preset, appetizer and entree items in terms of portion, presentation, and timing
- Develop standardized recipes for every menu item
- Produce finished products following recipes and perform an evaluation and analysis of finished product. Analyze to create alternatives in enhance the final product presented to the customer
- Create and discuss a production sheet, seating chart and ordering system
- Identify and produce menu items that are suitable for high volume production for a special event

#### <u>Unit VI</u> Customer service and Technology [Supports Course SLO # 5, 6]

The student will be able to...

- Discuss ways that technology can enhance customer service and customer loyalty
- Share how social media can impact how a business can promote good customer service
- Explain how A POS system it can enhance the customer service experience
- Discuss the role of technology during times of increasing labor costs
- Cost and present a catering event porfolio for a client

# <u>Unit VI</u> Payroll and Labor Costs [Supports Course SLO # 5, 6]

The student will be able to...

- Differentiate the skill levels and needs when determining the labor needs for a restaurant operation between management, supervisory and hourly positions
- Identify and classify positions utilized on please schedule created through comparative analysis it's similar operations
- Apply the prime cost correctly to determine the labor budget available for creating a working labor schedule
- Create a sample schedule based on the labor cost budgeted in the forecasting project while keeping the overall prime cost below 55%
- Research comparative labor expenses and salaries for front and back of the house positions. Compare similar positions to the schedule they have designed and justify choices made
- Justify and defend your final schedule submitted in terms of position responsibilities and salaries utilized

#### **Evaluation of student learning:**

| Restaurant Operations Performance   | 35% |
|-------------------------------------|-----|
| Class assignments and participation | 15% |
| Menu Project                        | 10% |
| Time Task Analysis Project          | 10% |
| Catering/Forecasting/Labor Project  | 20% |
| Semester Dinner Event               | 10% |